

Off Campus Health Care Providers

The following is a list of local and regional healthcare providers. The list is sorted alphabetically by speciality. *You can navigate to the appropriate page by clicking on the line in the Table of Contents*

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ABORTION

Planned Parenthood - Kingston

21 Grand St.

Kingston, NY 12401

Phone: 845-562-7800 Fax: 845-471-1644

www.plannedparenthood.org/health-center/new-york/kingston/12401/kingston-health-center-2623-91160/abortion

This clinic offers nonsurgical abortions only (abortion pill). Call for same day appointments; walk-ins welcome.

Hours: Mon. 8:00-5:00, Tue. 11:00-7:30, Wed. 8:30-5:30, Thu. 11:00-7:30, Fri. 8:30-5:00

Planned Parenthood - Poughkeepsie

17 Noxon St.

Poughkeepsie, NY 12601

Phone: 845-562-7800 Fax: 845-471-1644

www.plannedparenthood.org/health-center/new-york/poughkeepsie/12601/poughkeepsie-health-center-2621-91160

This clinic offers both surgical and nonsurgical abortion. Same day appointments and walk-ins (except on Wednesdays) welcome.

Hours: Mon. 8:00-5:00, Tue. 11:00-7:30, Wed. 8:00-4:30, Thu. 11:00-7:30, Fri. 8:30-5:00

National Abortion Federation NAF -

NAF Hotline. Information about abortion and other resources, including financial assistance: 800-772-9100

Weekdays: 7:00 A.M.-11:00 P.M. Saturdays & Sundays: 9:00 A.M.-9:00 P.M.

For referrals to quality abortion providers (no funding assistance provided on this line): 877-257-0012

Weekdays: 9:00 A.M. – 9:00 P.M. Saturday: 9:00 A.M. – 5:00 P.M.

The Hotline can assist you only through the confidential toll-free number 1-800-772-9100.

Email: naf@prochoice.org www.prochoice.org

ACCUPUNCTURE

Healing Arts Center

7259 South Broadway
Red Hook, NY 12571
Phone: 845-758-8861

Stephanie Ellis, L. Ac.

371A Main St.
PO Box 192
Rosendale, NY 12472
Phone: 845-546-5358 Fax: 855-802-0456 Email: stephellis1024@gmail.com
<http://www.creeksideacupuncture.com/index.php>

High Ridge Traditional Healing Arts

Carolyn Rabiner

7392 South Broadway Route 9-
Red Hook, New York 12571
Phone: 845-758-2424 Email: crabiner@highridgeacupuncture.com
www.highridgeacupuncture.com

Anne Ballantine, L.Ac.

6369 Mill St.
Rhinebeck, NY 12572
Phone: 845-518-2059 www.rhinebeckacupuncture.com

ALLERGIST

Dr. Paula Brown

30 Columbia St Fl 3

Poughkeepsie, NY 12601

Phone: 845-452-6418 [caremountmedical.com/directory/people/show/paula-brown](http://www.caremountmedical.com/directory/people/show/paula-brown)

Dr. David Resnick

Oakwood Commons 2507,

Poughkeepsie, NY 12601

Phone: 845-471-3112 www.caremountmedical.com/directory/people/show/david-resnick

Dr. Noah Reiss

360 Washington Ave

Kingston, NY 12401

Phone: 845-338-7140

ENT and Allergy Associates

Dr. Mark Very; Dr. Michael Hugh

21 Reade Pl, 3rd Flr Ste 3200

Poughkeepsie, NY 12601

Phone: 845-471-4086 Fax: 845-471-8296 www.entandallergy.com/locations/dutchess

Dr. Pradeep Sharma

29 Fox St.

Poughkeepsie, NY 12601

Phone: 845-454-1234 www.allergydoc.net

BREAST SURGERY

Dr. Samira Khera

71 Prospect St., Ste. 240
Hudson, NY 12534
www.breastcarespecialist.net/index2.html

Health Quest

Dr. Angela Keleher

45 Reade Pl., Fl. 2,
Poughkeepsie, NY 12601
Phone: 845-483-6500 www.healthquest.org/cancer/breast-cancer.aspx

Dr. Zoe Weinstein

117 Mary's Ave., Ste. 203
Kingston, NY 12401
Phone: 845-383-1759

AMC General Surgery Group

Dr. Donna Pietrocola

25 Hackett Boulevard - MC 134
Albany, NY 12208
Phone: 518-262-2592 Fax: 518-262-2594
www.amc.edu/PhysicianDirectory/index.cfm?event=showPhysicianDetail&PRACT_ID=1477

Albany Surgery Associates

Dr. Kelly Dennin; Dr. Barbara Brazis

319 S Manning Blvd Ste. 302
Albany, NY 12208
Phone: 518-489-7245 www.albanysurgeryassoc.com/the_doctors.html

CARDIOLOGY

Midvalley Cardiology - St. Peter's Health Partners

*Ellis W. Lader, MD; FACC, Paul M. Reiter, MD, FACC; Gary S. Cohen, MD, FACC;
Aneta K. Dimova, MD, FACC; Dineshkant Parikh, MD, FACC; Lauren Lundy, FNP-BC*

111 Mary's Ave., Ste. 3

Kingston, NY 12401

Phone: 845-339-3663 Fax: 845-339-3629 www.sphp.com/mid-valley-cardiology

17 Glenn Pond Road

Red Hook, NY 12571

Phone: 845-339-3663 Fax: 845-339-3629 www.sphp.com/mid-valley-cardiology

Health Quest Medical Practice, Cardiology - Dr. Ali Hammoud

55 Grand St.

Kingston, NY 12401

Phone: 845-339-8700 www.healthquest.org/heart/cardiologists.aspx

Hudson Valley Heart Center

28 Spring Brook Park

Rhinebeck NY 12572

Phone: 845-876-0508 Fax: 845-876-0405 www.hvheartcenter.com/index.php

Albany Medical Center

Physicians Pavilion, 2nd Floor

43 New Scotland Ave.

Albany, NY 12208

Phone: 518-262-3125 www.amc.edu/patient/services/cardiology/

CHIROPRACTORS

Healing Arts Center

Dr. Barbara Blisko

7259 South Broadway
Red Hook, NY 12571
Phone: 845-758-8861

Red Hook Family Chiropractic

7592 North Broadway
Red Hook, NY 12572
Phone: 845-758-4218

www.redhookfamilychiro.wix.com/rhfchiropractic#!meet-our-staff/cipy

Same-day appointments available

Dr. Angelo Castello

20 Palatine Park Rd.
Germantown, NY 12526
Phone: 845-489-3279 www.drcastello.com

Donoghue Chiropractic

1314 NY-28
West Hurley, NY 12491
Phone: 845-679-1253 www.donoghuechiropractic.com

DENTIST

General & Implant Dentistry

Dr. Bruce Cuttler; Dr. Paul Mozer

102 W. Market St.

Red Hook NY 12571

Phone: 845-758-9871 or 845-758-5761 www.nurturingsmiles.com

Dr. Steven Perkel

44 West Market St.

Red Hook, NY 12571

Phone: 845-758- 6677

Premiere Dental Care

Dr. Cheung; Dr. Cernasov

7452 South Broadway (next to RH library)

Red Hook, NY 12571

Phone: 845-876-2628 www.premieredentalny.com

The Dentists Office of Hudson Valley

1733 Ulster Ave. 9W

Lake Katrine, NY 12449

Phone: 845-853-0828 www.thedentistsoffice.com/index.html

Dr. Barry M. Mark, DDS

705 North Broadway, Ste. 3

Red Hook, NY 12571

Phone: 845-554-2274

187 Pine St.

Kingston, New York 12401

Phone: 845-334-9340 Fax: 845-334-9343

<http://allpainisnotthesame.com>

TMJ treatment

DENTAL SURGERY

See listings under Oral Surgery

DERMATOLOGY

Hudson Dermatology

Dr. Uyttendaele; Dr. Ross Zeltse; Kristina Carr, PA; Pat Hentze, PA

40 Hurley Ave., Ste. 3

Kingston, NY 12401

Phone: 845 -338-3200 Fax: 845 -338-3233 www.hudsondermatology.com

CareMount Medical

Dr. Vince Beltrani; Dr. Warshavsky; Jacqueline Beltrani, FNP

2507 South Road

Poughkeepsie, NY 12601-5465

Phone: 845-471-3111 www.caremountmedical.com/services-specialties/dermatology/locations.php

formerly Mount Kisco Medical Group

Advanced Dermatology

Dr. Kircher

315 Grant Ave.

Lake Katrine, NY 12449

Phone: 845-339-2525 www.drkircher.com

Dr. Hughes; Tania Cohen, PA

7 Pine Woods Road

Hyde Park, NY 12538

Phone: 845-229-3376 www.hydeparkderm.com

Albany Dermatology

Dr. Robert Shoss

2 Executive Park Dr., 2nd Flr.

Albany, NY 12203

Phone: 518-482-8631 Fax: 518-482-0173 www.albanyderm.com

ENDOCRINOLOGY

Dr. Ayesha Cheema

368 Broadway, Ste. 402
Kingston, NY 12401
Phone: 845 -334-4336

Grand St. Medical Associates

Dr. Suchee Madhusudan; Dr. Christopher Palmeiro

27 Grand St.
Kingston, NY 12401
Phone: 845-338-1535 www.gsmadoc.com

Care Mount Medical Group

Dr. Meryl Reichman

30 Columbia St.
Poughkeepsie, NY 12601-3906
Phone: 845-231-5600

600 Westage Business Center Dr.
Fishkill, NY 12524-2281
www.caremountmedical.com/directory/people/show/meryl-reichman

Albany Medical Center Endocrinology

Dr. Mary Luidens

25 Hackett Blvd.
Albany, NY 12208
Phone: 518-262-5185

Albany Med Community Division -The Endocrine Group

1365 Washington Ave., Ste. 300
Albany, NY 12206
Phone: 518-489-4704 Fax: 518 489-0512
www.amc.edu/CommunityDivision/endocrinegroup/index.cfm

EAR, NOSE & THROAT

AMC General Surgery Group at Mid Hudson Medical Arts

Neil Gildener-Leapman, MD; Steven Silver, MD

1561 Ulster Ave. (Route 9W - Across from Adams)

Lake Katrine, NY 12449

Phone: 845-331-1235 www.amc.edu/maps_directions/kingston_physicians.cfm

ENT & Allergy Associates - Rami Payman, M.D.; Mark D. Very, M.D.

21 Reade Pl, 3rd Flr Ste 3200

Poughkeepsie, NY 12601

Phone: 845-471-4086 www.entandallergy.com/locations/dutchess

Dr. Michael Kortbus

7385 S Broadway

Red Hook, NY 12571

Phone: 845-758-1456

325 Albany Avenue

Kingston, NY 12401

Phone: 845-768-2298 www.enthudson.com

FAMILY MEDICINE

Health Stream Medical, St. Peter's Health Partners

17 Glenn Pond Rd., Ste. 3
Red Hook, NY 12571
Phone: 845 -758-6046 www.sphpma.com

Broadway Family Care

Dr. Kenneth Schnide

7385 South Broadway
Red Hook, NY 12571
Phone: 845.758.9118 www.columbiamemorialhealth.org/doctors/kenneth-schnide-m-d/

Care Mount Medical Group

6734 Route 9
Rhinebeck, NY 12572-3724
Phone: 845-202-6669 www.caremountmedical.com/directory/locations/show/rhinebeck-office-6734-route-9

Dr. Moscovitz

1561 Ulster Avenue
Lake Katrine, NY 12449
Phone: 845-892-7774 www.caremountmedical.com/directory/people/show/richard-moscovitz/

First Care Medical Center

Dr. Lauren Vigna

222 Route 299
Highland, NY 12528
Fax: 845-691-3641 www.firstcaremedcenter.com/family-practice/

GASTROENTEROLOGY

Napa Medical Group

Dr. Rodney Camp

192 Pine St.

Kingston, NY 12401

Phone: 845 -802-5223

Digestive Disease Center of Hudson Valley

1 Webster Ave., Ste. 303

Poughkeepsie, NY 12601

Phone: 845-452-9800 www.digestivediseasenyc.com

Hudson Valley Gastroenterology

Dr. Kevin Dodd; Dr. Daniel Blachman; Dr. Michael Steckman; Donna Tomesch, PA

26 Pearl St.

Kingston, NY 12401

Phone: 845-331-8222 Fax: 845-331-7818 www.hvgpc.com/html/staff.html

Columbia Memorial Gastroenterology

Clarence B. Henry M.D.

71 Prospect Ave. Ste L10

Hudson, NY 12534

Phone: 518.943.1442 www.columbiamemorialhealth.org/gastroenterology/

Robert A Rosenzweig MD

6511 Spring Brook Ave.

Rhinebeck, NY 12572

Phone: 845 -876-3003

GYNECOLOGY

Care Mount Medical Group

Dr. Christine Beer; Dr. Amy Novatt; Dr. Maureen Terranova

6734 Route 9

Rhinebeck, NY 12572-3724

Phone: 845-202-6633 www.caremountmedical.com/directory/locations/show/rhinebeck-office-6734-route-9

Health Quest

Dr. Dean Bloch

6511 Spring Brook Ave., Ste 103

Rhinebeck, NY 12572

<http://www.healthquest.org/hq/find-a-doctor/bloch-dean-md-216.aspx>

Planned Parenthood - Poughkeepsie

17 Noxon St.

Poughkeepsie, NY 12601

Phone: 845-562-7800 Fax: 845-471-1644

www.plannedparenthood.org/health-center/new-york/poughkeepsie/12601/poughkeepsie-health-center-2621-91160

Planned Parenthood - Kingston

21 Grand St.

Kingston, NY 12401

Phone: 845-562-7800 Fax: 845.471.1644

www.plannedparenthood.org/health-center/new-york/kingston/12401/kingston-health-center-2623-91160

Women's View Health Annex

Cathy Leonard, PT

107 Montgomery St.

Rhinebeck, NY 12572

Phone: 845-871-4380

www.healthquest.org/womens-childrens/womens-physical-therapy-specialty-services.aspx

Physical therapy for pelvic issues i.e. painful intercourse, vaginismus, incontinence

Emily Hartzog, MD

6528 Spring Brook Ave., Suite 1

Rhinebeck, NY 12572

Phone: 845-516-5286 Fax: 845-402-7622 email: emily@ehartzogmd.com

www.ehartzogmd.com

HOME HEALTH CARE

MID-HUDSON REGIONAL CERTIFIED HOME HEALTH SERVICES:

26 IBM Rd

Poughkeepsie, New York 12601

Phone: 845-483-5550 www.midhudsonregional.org/certified-home-health-services

Services: skilled nursing; physical, occupational, speech therapies; medical social worker, certified wound specialist consultation and ostomy care, telemedicine, psychiatric home care, home health aide services

Health Quest Home Care:

1 Pine Street Spur, Lower Level

Poughkeepsie, NY 12601

Phone: 845-471-4243 www.healthquest.org/affiliates/udson-valley-home-care.aspx

Services: skilled nursing, infusion, wound care, disease management, physical, occupational and speech therapies, social work.

Apria Health Care

744-746 Ulster Ave.

Kingston, NY 12401

Phone: 845-336-3333 www.apria.com/therapies/

Services: respiratory equipment, oxygen, IV therapy, durable medical equipment.

IMMUNIZATIONS

ULSTER COUNTY DEPARTMENT OF HEALTH

239 Golden Hill Ln.,
Kingston, NY 12401
Phone: 845-340-3070

Services are for Ulster county residents All immunizations are available for adolescent under 19 y.o. MMRs are available for college students over age 19, proof of college attendance will be required. Payment: sliding scale (copy of pay stub needed). Call for an appointment.

DUTCHESS COUNTY DEPARTMENT OF HEALTH

Family Partnership Center
29 N. Hamilton Street - Suite 109
Poughkeepsie NY 12601
Phone: 845-486-3535 www.co.dutchess.ny.us/CountyGov/Departments/DBCH/26845.htm

Services: Recommended vaccines for adults, including Flu and Pneumonia, International Travel Immunizations for adults and children. Call for an appointment

INFECTIOUS DISEASE

Medical Associates of Hudson Valley

Dr. Kutler; Dr. Tack; Dr. Yanofsky

360 Washington Ave.

Kingston, NY 12401

Phone: 845 -338-7140 Fax: 845 -338-7141 www.mahv.net/services/index.php

Health Quest

Dr. Stuart Feinstein

9 Livingston St.

Poughkeepsie, NY

Phone: 845 -471-0232 www.healthquest.org/hq/find-a-doctor.asp

Dr. Daniela Stokes

1 Webster Ave, Ste. 402

Poughkeepsie, NY 12601

Phone: 845-485-9040 Fax: 845-485-9043

Albany Medical Physicians

Dr. Robert Jellinger

66 Hackett Boulevard - MC 158

Albany, NY 12209

Phone: 518-262-4439 Fax: 518-262-4756

www.amc.edu/PhysicianDirectory/?event=showPhysicianDetail&PRACT_ID=4796

Albany Med Kingston

Byrd Cleveland, MD; Anita Culp, MD

1561 Ulster Ave. (Route 9W), Ste. 301

Lake Katrine, NY 12449

Phone: 845 -331-1235 www.amc.edu/maps_directions/kingston_physicians.cfm

HIV Medicine

INTERNAL MEDICINE

Health Stream Medical

Dr. Butler; Dr. Laurent; S. Gilbert, PA

17 Glenn Pond Road, Ste. 3

Red Hook, New York 12571

Phone: 845 -758-6046 www.SPHPMA.com

Medical Associates of Hudson Valley

Dr. Paul Bushkuhl, MD

360 Washington Ave.

Kingston, NY 12401

Phone: 845-338-7140 www.mahv.net/about-us/our-providers.php#moss

NEPHROLOGY

Grand St. Medical Associates

Dr. Beth Stefanchik

27 Grand St.

Kingston, NY 12401

Phone: 845-338-1535 Fax: 845-338-0301 www.gsmadoc.com

Premier Medical Group Urology

Westage Medical Building

1 Columbia St., Ste. 390

Poughkeepsie, NY 12601

Phone: 845-437-5000 www.premiermedicalhv.com/divisions/urology-division/

Care Mount Medical Group

Dr. Thomas Guzzardi

60 Merritt Blvd., Ste. 204

Fishkill, NY 12524

Phone: 845-765-4990 www.caremountmedical.com/directory/people/show/thomas-guzzardi

NEUROLOGY

Health Quest

Dr. Gooch; Dr. Kufner; Dr. Karra; Dr. Mitchell; Dr. Tamai; Dr. Rapoport

365 Broadway

Kingston, NY 12401

Phone: 845-331-5165 www.healthquest.org/brain-spine/neurology.aspx

eRiver Neurology

Samuel Koszer MD; Glenn Y. Castaneda MD; Alexandr Safarov MD; Mariam Saleeb, MD;

Pascal Saremsky MD; Kathryn McDonell NP; Janet Salsbury NP

21 Fox St., Ste. 102

Poughkeepsie, NY 12601-4723

Phone: 845-452-9750 Fax: 845-452-9751 www.eriverneurology.com

67 Prospect Ave., Ste. 160

Hudson, NY 12534-2914

Phone: 845-452-9750 Fax: 845-452-9751 www.eriverneurology.com

NO FAULT PROVIDERS

Emergency One

40 Hurley Ave.,
Kingston, NY
Phone: 845-338-5600

4250 Albany Post Rd,
Hyde Park, NY 12538
Phone: 845-229-2602

Hours: Mon-Fri 8-8, Sat-Sun 8-4 Open Most Holidays! www.eonekingston.com

Broadway Family Care

Dr. Kenneth Schnide

7385 South Broadway
Red Hook, NY 12571
Phone: 845-758-9118

www.columbiamemorialhealth.org/doctors/kenneth-schnide-m-d/

OrthoExpress

918 Ulster Ave
Kingston, NY 12401
Phone: 845-790-0457 www.orthoadc.com/orthoexpress

Mon.-Fri. 8:30 AM – 4:00 PM.

No appointment necessary. No Fault Claims.

1910 South Road
Poughkeepsie, NY 12601
Phone: 845-790-0457 www.orthoadc.com/orthoexpress

Mon. & Thu 8:30 AM – 7:00 PM,

Tue., Wed. & Fri. 8:30 AM – 4:00 PM

No appointment necessary. No Fault Claims.

NUTRITION

Nutrition Therapy LLC

Ilyse Simon, RDN, CDN

224 Fair St.

Kingston, NY 12401

Phone: 845-331-6381 Email: ilysefood@yahoo.com www.ilysesimonrd.com

Eating disorders, Insulin Resistance and Whole Food Nutrition. Ilyse see students on campus at Bard Health Services Offices on Fridays.

Roufia Payman, DT, CDN

6511 Spring Brook Ave.

Rhinebeck, NY 12572

Phone: 845-871-3600 www.healthquest.org/health-wellness/diabetes-self-management.aspx

ONCOLOGY

New York Oncology Hematology, PC

400 Patroon Creek Blvd. Ste. 1

Albany, NY 12206

Phone: 518-489-0044 www.newyorkoncology.com

69 Prospect Ave.

Hudson, NY 12534

Phone: 518 -822-8484 www.newyorkoncology.com

Dr. Cutugno, Hematology/Oncology

105 Mary's Ave

Kingston, NY 12401

Phone: 845 -340-2100

Grand St. Medical Associates

Dr. Paul Donovan

39 Grand St.

Kingston, NY 12401

Phone: 845-334-9920 Fax: 845-334-9894 www.gsmadoc.com/oncology

Hudson Valley Hematology and Oncology Associates

Dr. Ramamohana Kancherla; Dr. Ponciano Reyes Jr.

19 Baker Ave., Ste. 100

Poughkeepsie, NY 12601

Phone: 845-454-1942

OPHTHALMOLOGY

Eye Doctors & Eye Surgeons

Dr. Ullman; Dr. Mcpherson; Dr. Esposito; Dr Koczman

91-93 Montgomery St.

Rhinebeck, NY 12572

Phone: 845-876-3391 www.hudsonvalleyophthalmology.com

820 Union St.

Hudson, NY 12534

Phone: 518-828-3391 www.hudsonvalleyophthalmology.com

Care Mount Medical Group

Dr. Roger Husted; Dr. Diane Kraus; Dr. Alexandra Pappas

6734 Route 9

Rhinebeck, NY 12572

www.caremountmedical.com/directory/locations/show/rhinebeck-office-6734-route-9

Dr. Moshin M. Cheema, MD

84 Hurley Avenue

Kingston, NY 12401

Phone: 845-339-4500 Fax: 845-339-9500 www.cheemaeye.com/site/our-location.htm

OPTOMETRY

Dutchess Optometry

Dr. Caeya

7381 South Broadway

Red Hook, NY 12571

Phone: 845 -758-8818 www.dutchessoptometry.org

Rhinebeck Eye Care

6805 Route 9, Ste. 27 Astor Square

Rhinebeck, NY 12572

www.visionsource-rhinebeck.com

Rhinebeck Optical

Dr. Quintero-Chica

12 Garden St.

Rhinebeck, NY 12572

Phone: 845-876-2433 www.rhinebeckoptical.com

Dr. Milton Chasin

240 Lucas Ave.

Kingston, NY 12401-4316

Phone: 845-339-4990

Empire Visionworks

9 Boice's Lane

Kingston, NY 12401

Phone: 845 -336-3937 www.visionworks.com/loc/489

ORAL SURGERY

Mid-Hudson Oral & Maxillofacial PC

117 Mary's Ave., Ste. 104
Kingston, NY 12401
Phone: 845-340-1962 www.midhudsonoralsurgeon.com

The Dentists Office of Hudson Valley

1733 Ulster Ave. 9W
Lake Katrine, NY 12449
Phone: 845-853-0828 www.thedentistsoffice.com/oral_surgery.html

Dr. Kenneth Roll

130 North Front St.
Kingston NY
Phone: 845-338-8812 Email: kingstonoms@kenrolldds.com

146 Green St.
Hudson, NY 12534
Phone: 518-82804673 HUDSONOMS@KENROLLDDS.COM www.kenrolldds.com

Dr. Bruce Marzullo, DDS

43 Lagrange Ave.
Poughkeepsie, NY 12603
Phone: 845-452-2900 Fax: 845-452-4974
www.neimplantandoralsurgery.com/meet-us/meet-the-doctors/bruce-d-marzullo-dds/

Dr. Paul Pai, DDS

40 Hurley Ave Ste. 6
Kingston, NY 12401
Phone: 845-331-7775 Fax: 845-331-9228

Endodontics (root canal)

Dr. Samuel Pai, DDS

40 Hurley Ave Ste. 6
Kingston, NY 12401
Phone: 845-331-7775 Fax: 845-331-9228

Periodontics (gum disease & implants)

ORTHODONTICS

Sunshine Orthodontics

Dr. Anhmed Mansour

187 E. Market St.

Rhinebeck, NY 12572

Phone: 845-876-5787 www.sunshineortho.com

(Formerly Dr. R. Rana's practice)

The Dentists Office of Hudson Valley

1733 Ulster Ave. 9W

Lake Katrine, NY 12449

Phone: 845-853-0828

www.thedentistsoffice.com/orthodontic_treatment_in_lake_katrine_hudson_valley_ny.html

ORTHOPEDIC – URGENT CARE

OrthoExpress

918 Ulster Ave
Kingston, NY 12401
Phone: 845-790-0457 www.orthoadc.com/orthoexpress

*Mon.-Fri. 8:30 AM – 4:00 PM.
No appointment necessary. No Fault Claims.*

1910 South Road
Poughkeepsie, NY 12601
Phone: 845-790-0457 www.orthoadc.com/orthoexpress

*Mon. & Thu 8:30 AM – 7:00 PM,
Tue., Wed. & Fri. 8:30 AM – 4:00 PM
No appointment necessary. No Fault Claims.*

Orthony - Albany Urgent Care:

121 Everett Road
Albany, NY 12205
Phone: 518-489-2663 www.orthony.com/your-treatment/urgent-care.php

*Mon. – Fri. 1:00 PM – 8:00 PM
Sat 9:00 AM – 12:00 PM*

ORTHOPEDIC – GENERAL

Orthopedic Associates of Dutchess County

Dr. Schwepe; Dr. Aierstok; Dr. Fink

918 Ulster Ave
Kingston, NY 12401
Phone: 845-454-0120 www.orthoadc.com

6511 Spring Brook Ave.
Rhinebeck, NY 12572
Phone: 845 -876-7707 www.orthoadc.com

Columbia Memorial Bone and Joint Center

Dr. Christopher Gorczynski

23 Fish and Game Road
Hudson, NY 12534
Phone: 518-828-7644 Fax: 518-828-1236 www.columbiamemorialhealth.org/cmh-bone-joint/

59 Jefferson Hgts. - Greene Medical Arts, Ste. D-108
Catskill, NY 12414
Phone: 518-943-1048 Fax: 518-828-1236 www.columbiamemorialhealth.org/cmh-bone-joint/

Bone and Joint Capital Region Orthopedics

1367 Washington Ave. Ste 300
Albany, NY 12206
Phone: 518-489-2666 www.capitalregionorthopaedics.com/bone-and-joint-center

PATIENT ADVOCACY

New York State Department of Health

Centralized Hospital Intake Program

Mailstop: CA/DCS

Empire State Plaza

Albany, NY 12237

Phone: 800-804-5447 Email: hospinfo@health.state.ny.us

Northern Dutchess Hospital, Putnam Hospital Center and Vassar Brothers Medical Center are certified by the New York State Department of Health. The public may contact the New York State Department of Health to report concerns or register a complaint by phone or in writing.

The Joint Commission

One Renaissance Blvd.

Oakbrook Terrace, IL 60181

Phone: 800- 994-6610 Email: complaints@jointcommission.org

Northern Dutchess Hospital, Putnam Hospital Center and Vassar Brothers Medical Center are accredited by The Joint Commission, an independent, not-for-profit organization that evaluates and accredits nearly 17,000 healthcare organizations and programs in the United States. The public may contact the Joint Commission's Office of Quality Monitoring to report concerns or register a complaint by phone, email or in writing.

Northern Dutchess Hospital Patient Liaison

Phone: 845-871-3391

Putnam Hospital Center Patient Advocate

Phone: 845-230-4751

Vassar Brothers Medical Center Patient Liaison

Phone: 845-483-6011

Island Peer Review Organization - Corporate Headquarters

1979 Marcus Ave.

Lake Success, NY 11042-1072

Phone: (516) 326-7767 Hotline: 1-800-804-5447 www.ipro.org/for-consumers/consumer-protection

PLASTIC SURGERY

New Beginnings Surgery

Dr. Adam Silverman

243 North Rd #203

Poughkeepsie, NY 12601

Phone: 845-454-6392 Fax: 845-454-6393 www.newbeginningsplasticsurgery.com

Mid-Hudson Plastic Surgery Center

Dr. Thomas Haggerty

Benedictine Medical Arts Building

117 Mary's Ave., Ste 204

Kingston, New York 12401

Phone: 845-338-0789 www.doctorofplasticsurgery.com

6734 Route 9

Rhinebeck, NY 12572

Phone: 845 -338-0789 www.doctorofplasticsurgery.com

Albany Medical Center Plastic Surgery

Dr. Malcolm Z. Roth

43 New Scotland Ave., MC 190

Albany, NY 12208

Phone: 518-262-2229 http://www.amc.edu/patient/services/Surgery/plastic_surgery

Special Expertise: Breast cosmetic, surgery, face & eyelid cosmetic surgery, body contouring after weight loss, hand surgery.

PHYSICAL THERAPY

Most Physical Therapy

Tom Kingsley, PT; Ingrid Hilkema, PT

3752, Route 9G

Rhinebeck, NY 12571

Phone: 845-876-8220 Fax: 845-876-8221 www.millbrookpt.com/Staff

Nina Silverman, PT

111 maiden Lane

Kingston, NY 12401

Phone: 845 -331-8590 www.ninasilvermanpt.com

Rhinebeck Physical Therapy

187 E Market St., Ste. 187

Rhinebeck, NY, 12571

Phone: 845-876-3595 Email: RhinebeckPT@frontiernet.net www.rhinebeckpt.com

Health Quest - Northern Dutchess Hospital

6511 Spring Brook Ave.

Rhinebeck, NY 12572

Phone: 845 -871-3427 www.healthquest.org/rehabilitation/physical-rehabilitation.aspx

Women's View Health Annex

Cathy Leonard, PT

107 Montgomery St.

Rhinebeck, NY 12572

Phone: 845 -871-4380 www.healthquest.org/womens-childrens/womens-physical-therapy-specialty-services.aspx

Physical therapy for pelvic issues i.e. painful intercourse, vaginismus, incontinence

PODIATRY

Dr. John Zboinski

91 Montgomery St.
Rhinebeck, NY 12572
Phone: 845-876-8637 www.rhinebeckfootcare.com

Dr. Joe Gabryszewski

7592 N. Broadway
Red Hook, NY 12571
Phone 845-229-0092 www.drjoeg.com/Joseph-Gabryszewski-DPM.html

Hudson Valley Foot Associates

52 Old Farm Rd
Red Hook, NY 12571
Phone: 877.339.4832 www.hvfa.com

PULMONOLOGY

Columbia Memorial Pulmonology

Marie Lingat, M.D.; Mehjabin Zahir, M.D.; Lymaris Garcia Medina, M.D.

71 Prospect Ave., Ste. 210

Hudson, NY 12534

Phone: 518-697-7823 Fax: 518-697-7827 www.columbiamemorialhealth.org/cardiopulmonary-services

Grand Street Medical Associates

Dr. Anthony Guerrino

27 Grand St.

Kingston, NY 12401

Phone: 845-338-1535 Fax: 845-338-0301 www.gsmadoc.com/medical-divisions

Medical Associates of the Hudson Valley

Dr. Barbara Chatr-Aryamontri

360 Washington Ave.

Kingston, NY 12401

Phone: 845-338-7440 www.mahv.net/about-us/our-providers.php

RADIOLOGY

Health Quest/Northern Dutchess Hospital Radiology

6511 Spring Brook Ave.

Rhinebeck, NY 12572

Phone: 845-871-3488 Fax: 845-871-3487 www.healthquest.org/imaging/imaging.aspx

Hours: M-F 8-5:30, Sat: 8-2 Services: x-ray, ultrasound, mammogram, MRI, nuclear medicine

RIVER RADIOLOGY

45 Pine Grove Ave.

Kingston, NY 12401

Phone: 845-340-4500 Fax: 845-340-3401 www.riverradiology.com

Hours: M-F: 8-4, SAT: 8-12 Services: CT scan, MRI, X-ray, echocardiogram, ultrasound, mammogram

Health Quest DRA Imaging

Westage Medical Office Building

1 Columbia St., 1st Floor

Poughkeepsie, NY 12601

Phone: 845-454-4700 www.healthquest.org/imaging/imaging.aspx

Services: CT, MRI, EEG, Mammogram, ultrasound, x-ray.

RHEUMATOLOGY

Medical Associates of Hudson Valley

Dr. Zeev Weitz

360 Washington Ave.

Kingston, NY 12401

Phone: 845-338-7140 www.mahv.net/news/articles/mahv-is-proud-to-offer-the-services-of-rheumatologist-zeev-weitz-md

Health Quest Arthritis Center

Dr. James Wise

6511 Spring Brook Ave.

Rhinebeck, NY 12572

Phone: 845-871-3820

Health Quest Medical Practice Division of Rheumatology

The Kingston Plaza

334 Plaza Road

Kingston, NY 12401

Phone: 845-331-5326 www.healthquest.org/orthopedics/arthritis.aspx

Care Mount Medical(aka Midhudson Medical Group)

Dr. Anne Liebling

6734 Route 9

Rhinebeck, NY 12572-3724

Phone: 845-231-5600 www.mkmg.com/directory/people/show/anne-liebling

1561 Ulster Ave.

Lake Katrine, NY 12449-5410

Phone: 845-231-5600 www.mkmg.com/directory/people/show/anne-liebling

The Center for Rheumatology

Dr. Greenstein; Dr. Michaels; Dr. Hausner

4 Tower Place, 8th Floor.

Albany, NY 12203

Phone: 518-489-4471 Fax: 518-489-4506 www.portal.tcfr-ny.com/portal/default.aspx

STI TESTING & TREATMENT

ULSTER COUNTY DEPARTMENT OF HEALTH

230 Aaron Court.,
Kingston, NY 12401
Phone: 845-340-3090

Services for Ulster Count residents - STI & HIV clinic hours: Monday 5:00 PM – 8:00 PM by appointment only. Clinic provides screening only.

DUTCHESS COUNTY DEPARTMENT OF HEALTH

Family Partnership Center
29 N. Hamilton Street - Suite 109
Poughkeepsie NY 12601
Phone: 845- 486-3535 www.co.dutchess.ny.us/CountyGov/Departments/DBCH/26845.htm

Services: Confidential testing, diagnosis & treatment of STIs, anonymous & confidential HIV testing.
Hours: Mon, Tue & Thu. 9:30 AM -12:00 PM & 1:30 PM – 4:00 PM
Walk-ins welcome on Tue & Thu

Planned Parenthood - Kingston

1 Grand St.
Kingston, NY 12401
Phone: 845-562-7800 Fax: 845-471-1644
www.plannedparenthood.org/health-center/new-york/kingston/12401/kingston-health-center-2623-91160/abortion

Hours: Mon. 8:00-5:00, Tue. 11:00-7:30, Wed. 8:30-5:30, Thu. 11:00-7:30, Fri. 8:30-5:00

Planned Parenthood - Poughkeepsie

17 Noxon St.
Poughkeepsie, NY 12601
Phone: 845-562-7800 Fax: 845-471-1644
www.plannedparenthood.org/health-center/new-york/poughkeepsie/12601/poughkeepsie-health-center-2621-91160

Hours: Mon. 8:00-5:00, Tue. 11:00-7:30, Wed. 8:00-4:30, Thu. 11:00-7:30, Fri. 8:30-5:00

Hudson Valley Community Services – Kingston

138 Pine St, Ste. 140
Kingston, NY 12401
Phone:(845) 339-3281 Fax: (845) 339-6195 <http://www.hudsonvalleycs.org/hiv-testing/>

Hudson Valley Community Services – Poughkeepsie

40 Garden St.
Poughkeepsie, NY 12601
Tel: (845) 471-0707 Fax: (845) 471-0857 <http://www.hudsonvalleycs.org/hiv-testing>

HVCS is a grant funded service that provides free and confidential STI, HIV & Hep C screening for the following categories of people: People who use needles to inject drugs (IDUs), men who have sex with men, people who have had sex in exchange for drugs or money, people who have had sex while high and/or drunk, or people who have had sex with: intravenous drug users (IDUs), a person you know to be HIV-positive, transgender individuals, a male that has sex with males, another person who has sex in exchange for drugs or money

SURGERY - GENERAL

Health Quest/Northern Dutchess Hospital

Dr. Brian Binetti; Dr. James Wing; Dr. Gregory Zale; Dr. Gregory Zanieski

6511 Spring Brook Ave., Ste. 101

Medical Office North

Rhinebeck, NY 12572

Phone: 845-871-4275 Fax: 845-871-4275 www.healthquest.org/hq/find-a-doctor.aspx

AMC General Surgery Group at Mid Hudson Medical Arts

Brian Binetti, MD; David Chismark, MD; Baogang Liu, MD; Sean Murphy, PA

1561 Ulster Ave. (Route 9W)

Lake Katrine, NY 12449

Phone: 845-331-1235 www.amc.edu/maps_directions/kingston_physicians.cfm

Columbia Memorial Surgical Associates

Rakel Astorga, M.D., FACS; Wayne C. Maben, M.D.; Gary Pearlstein M.D.

71 Prospect Ave., Ste. 190

Hudson, NY 12534

Phone: 518-697-3000 Fax: 518-697-3015 www.columbiamemorialhealth.org/surgery/

TB CLINIC

DUTCHESS COUNTY DEPARTMENT OF HEALTH

Family Partnership Center

29 N. Hamilton Street - Suite 109

Poughkeepsie NY 12601

Phone: 845- 486-3535 www.co.dutchess.ny.us/CountyGov/Departments/DBCH/26845.htm

Services: TB testing, diagnosis & treatment. If you are under the age of 18 you must be accompanied by an parent or guardian.

Hours: Mon, 9:30 AM -12:00 PM & 1:30 PM – 4:00 PM

TRAVEL MEDICINE & IMMUNIZATION

General travel health information

wwwnc.cdc.gov/travel

Medical Associates of Hudson Valley

Dr. Kutler; Dr. Tack; Dr. Yanofsky

360 Washington Ave.

Kingston, NY 12401

Phone: 845-338-7140 www.mahv.net/services/index.php

\$120 - consultation fee as of Feb.2016. MAHV, a U.S. Yellow Fever Vaccination Center, offers immunizations, pre-travel consultations and post-travel treatment if necessary. Based on the traveler's planned itinerary, a Board Certified physician with expertise in the area of Travel Medicine will recommend immunizations and other health precautions to be taken before, during and after travel

Dutchess County Department of Health

387 Main St.

Poughkeepsie, NY 12601

Phone: 845-486-3535 www.co.dutchess.ny.us/CountyGov/Departments/dbch/HDclinicalsvcs.htm

Vaccine and health information are available for anyone planning to travel internationally. Appointments are required. Fees do apply and must be paid by check or cash only.

URGENT CARE

Care Mount Medical, aka Midhudson Medical Group -Rhinebeck Office

6734 Route 9

Rhinebeck, NY 12572

Phone: 845-231-5600 or 844-484-6564, prompt 3

M-F 9:00AM - 6:45PM

Sat. & Sun. 8:00AM - 4:45PM

Emergency One

40 Hurley Ave.

Kingston, NY

Phone: 845-338-5600 www.eonekingston.com

4250 Albany Post Rd.

Hyde Park, NY 12538

Phone: 845 -229-2602 www.eonekingston.com

M-F 8:00 AM -8:00 PM

Sat. & Sun. 8:00 AM – 4:00 PM

Open Most Holidays!

UROLOGY

Premier Medical Group Urology

Dr. Paul Pietrow

6511 Spring Brook Ave.

Rhinebeck, NY 12572

Phone: 845-437-5000 www.premiermedicalhv.com/divisions/urology-division/

111 Mary's Ave.

Kingston, NY 12401

Phone: 845-437-5000 www.premiermedicalhv.com/divisions/urology-division/

Columbia Urology

Daniel Melamed, M.D.; Manoj Subudhi, D.O.

71 Prospect Ave., Ste. 190

Hudson, NY 12534

Phone: 518-822-0746 Fax: 518-822-0120 www.columbiamemorialhealth.org/urology

ALBANY UROLOGY

Dr. Finn; Dr. Kuo; Dr. Murray; Dr. Kimble; Dr. Rosenberg; Dr. Zornow

319 S. Manning Blvd, Ste. 106

Albany, NY 12208

Phone: 518-438-1019 Fax: 518-438-0981 www.albanyurology.com

4 Executive Park Drive

Albany, NY 12203

Phone: 518-489-7494 Fax: 518-489-7641 www.albanyurology.com

VASCULAR SURGERY

HealthAlliance Hospital - Broadway Campus -

Dr. Stephanie Saltzberg

117 Marys Ave., Ste. 202

Kingston, NY 12401

Phone: 845-338-1992