

# 2009

# FALL



# Bard College

# Lifetime Learning Institute

## LLI STATEMENT OF PURPOSE

- To provide opportunities for members to share their love of learning and to exchange ideas and experiences by offering noncredit and noncompetitive courses under the sponsorship of Bard College

## OBJECTIVES

- To provide enriching educational and social experiences in a community of peers
- To encourage members to volunteer as committee members, planners and course coordinators, according to their individual skills and interests
- To share ideas and experiences with students of all ages

## COURSES & SPECIAL EVENTS

- Two semesters of courses, a series of programs during the winter break, special events

## ABOUT LLI

- The Lifetime Learning Institute  
Bard College, PO Box 22  
Annandale-on-Hudson, NY 12504
- Telephone: 845 758-7314  
Email: [lli@bard.edu](mailto:lli@bard.edu)
- LLI is affiliated with the Elderhostel Institute Network ([www.elderhostel.org/edu](http://www.elderhostel.org/edu)), a nationwide organization that facilitates communication with similar groups.
- LLI is a volunteer, member-run organization that encourages active participation.

## FALL 2009 COURSES

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**MEMBERSHIP & FEES:** Annual Membership is \$125 per person, due in the fall. The current membership year runs from September 2009 through August 2010. Members may take 2 courses per semester, more if available. Members may not bring guests to classes, lectures, or Friday trips or studio classes. There is no reduction for half-year membership. *Membership fee does not include books, transportation, entrance fees, special events or Stevenson Gym.*

**101. THE ART OF COMMUNICATING**

Fridays: 9:30 a.m. – 10:45 a.m.

September 25, October 2, 9, 16, 23, 30, November 13

Learn to express yourself with honesty and clarity. By listening deeply and respectfully to ourselves and others we can help resolve interpersonal issues with kindness. Caring communication can help deepen relationships with ourselves, family, friends and community. In this class we will learn and practice powerful communication tools.

Presenter: Linda Zelizer (LLI) is a psychotherapist, Golden T'ai Chi instructor and skilled practitioner of many other alternative disciplines. She designs and conducts workshops for businesses and community organizations. She also teaches numerous classes for LLI.

**102. CREATIVE DANCE**

Fridays: 9:30 a.m. – 10:45 a.m.

September 25, October 2, 9, 16, 23, 30, November 13

This class is different from other modern dance classes in that we will work mostly without music, using our bodies, the vocal sounds we make, drums and other percussive instruments. Each week we will develop "structures" that will lead into improvisations. The course is handicapped accessible and is open to all – from no dance background to professional dancer.

Presenter: Betsey Bergman (LLI) has been active in modern dance since the 1940s when she trained and danced with Martha Graham. In the 50s, she joined Barbara Mettler's company whose slogan was "Dance is in the moment." She is a member of the International Association of Creative Dance, an organization based on the teachings of Barbara Mettler.

**103. HOT-BUTTON LEGAL ISSUES**

Fridays: 9:30 a.m. – 10:45 a.m.

September 25, October 2, 9, 16, 23, 30, November 13

This course will address seven legal issues that evoke strong feelings – whether through gut-level response, personal experience or political perspective. The issues selected are important, but generally do not emerge on a national scale.

Sept. 25: Plea Bargaining, with Donald Williams, Esq., practicing attorney and retired Ulster County District Attorney. Is plea bargaining a good idea or an easy out for bad guys?

Oct. 2: Medical Malpractice Lawsuits, with James Steinberg, Esq., founder and senior partner in Steinberg and Seymer LLP. Are these lawsuits justified – or just making big bucks for the insurance companies while driving up the cost of health care and ruining good doctors?

Oct. 9: Avoiding Trial, with John Basso, Esq., of Basso and Associates, host of Cable TV's "The Law and Your Money." How do I dispute resolutions other than by jury trial? What, no jury? How do I get justice? I want my day in court!

Oct. 16: The Right to Privacy, with Steve Klein, Esq., an attorney with Dutchess County Office of Legal Services who taught constitutional law for 11 years at Dutchess Community College and SUNY New Paltz. Is privacy a romantic notion? An outdated idea? A right worth fighting for?

Oct. 23: Racial Profiling, with Andrew Kossover, Esq., Chief Public Defender of Ulster County. Is racism hiding behind law enforcement? Is opposition to profiling just so much political correctness, so on crime and maybe even so on terrorism?

Oct. 30: Freedom of Information Act, with Lou Klein, Esq. (LLI), attorney, Ulster County Office for the Aging, and former chair of Ulster County Legislature and Kingston City Schools Board of Education. Does this Act represent a bunch of snoops poking around in what's none of their business, or is it a blessing for democracy?

Nov. 13: Conservation Easements, with John Wadlin, Esq., practicing attorney in estates and trusts. Hey, it's my land! I'll take my share of the oil or gas profits! Screw the environment and all them there tree huggers!

**104. JAMES JOYCE AND HIS WORKS**

Fridays: 9:30 a.m. – 10:45 a.m.

September 25, October 2, 9, 16, 23, 30, November 13

This course will consist of an introduction to Joyce. Class will read *Dubliners* and *A Portrait of the Artist as a Young Man*. The third and fourth classes will be a Joyce study group as instructor will be away.

Presenter: Patrick Higgins (LLI) is retired from Wall Street and now occupies himself with his interests in history, literature and Irish studies, which he teaches at Vassar College. He is a graduate of Hunter College and NYU. As a dedicated student of Irish literature, he has presented other courses at LLI on James Joyce.

**105. MY BODY! WHAT TO DO WITH IT AS IT AGES**

Fridays: 9:30 a.m. – 10:45 a.m.

6 Sessions: September 25, October 2, 9, 23, 30, November 13

Five medical professionals and one expert in the field will discuss latest developments in the treatment of your heart, your hearing, your brain, your relationship with the medical profession, end of life issues and what to do with your body when you die.

Sept. 25: Heart Care with Hiral Amin, MD, FACC, Board Certified in Cardiology, Geriatric Medicine, Nuclear Cardiology and Cardiac CTA, and a practicing cardiologist with Twin County Medical Associates, PC. Dr. Amin will talk about cardiovascular risk factors and management, with plenty of time for questions at the end.

Oct. 2: What? How We Hear and What Can Go Wrong, with Karla S. Goddard, MA, CCC-A, Audiologist Specialist at St. Francis Hospital Center for Communications. This presentation will include the anatomy of the human ear and how hearing occurs, types of hearing loss, how audiologists perform hearing evaluations and what the test results tell us.

Oct. 9: Brain Function and Aging, with Meg E. Boyce, LMSW, Director of Programs and Services, Alzheimer's Association, Hudson Valley/Rockland/Westchester Chapter. This session will look at normal aging, changes in the brain, why these changes take place and when a physician should be consulted.

Oct. 23: Up Close and Personal with a Primary Care Physician, with Peter Roberts, MD (LLI), a practicing internist from 1978 until retirement in 2006. Dr. Roberts will give us a personal view of providing care while running a business. He has presented classes at both Bard and New Paltz LLIs.

Oct. 30: Medical Ethics and Pain Management at the End of Life, with Joel Mandelbaum, MD, attending physician at Kingston and Benedictine Hospitals, consulting specialist in palliative medicine, Vassar Brothers Hospital, and Medical Director of Ulster Hospice Care. Dr. Mandelbaum will discuss many of the aspects of end of life care, including pain relief and hospice.

Nov. 13: Death and NYS Law, with Martha Sullivan (LLI), Member of Board of Directors and past President of Mid-Hudson Memorial Society, a funeral consumers' alliance. Mrs. Sullivan will discuss many of the legal aspects of arranging for the appropriate disposition of mortal remains in a dignified, simple, inexpensive way. What are your options in New York State?

**201. THE ARTIST INSIDE THE COMPUTER ANIMATOR**

Fridays: 11:00 a.m. – 12:15 p.m.

September 25, October 2, 9, 16, 23, 30, November 13

Full-length computer animation films did not emerge from nothing. Rather, computer animators draw from a long and rich list of artistic influences. During this course, students will view clips from both traditional and computer animations, as well as reproductions of more traditional art

forms. The class will engage in lively discussion of where today's animators get their ideas.

Presenter: William J. Joel, PhD, is Chair of Computer Science at Western Connecticut State University. Dr. Joel's interests fall into that fuzzy area between computer technology and everything else. His current research includes creating artistic techniques for animation and for cartoon physics in user interfaces. He is also a professional storyteller and poet.



**202. BEYOND TIANANMEN: AN INTRODUCTION TO CHINESE HISTORY AND CULTURE**

Fridays 11:00 a.m. – 12 15p.m.  
September 25, October 2, 9, 16, 23, 30,  
November 13  
Class limit: 30

This discussion course begins with the history of the Great Wall, then moves on to Chinese Language and Writing. Subsequent sessions will cover the Last Emperor, Confucius, Chinese Family Life and Chinese Dynasties. We'll conclude with an exploration of the Temple of Heaven and the Summer Palace of the Forbidden City.

Presenter: Joy Lee, a native of Taiwan, the Republic of China, is passionate about Chinese culture and history. A former ESL teacher and accountant, she currently teaches Chinese language and culture.

**203. BIOLOGY '09: ARE YOU READY?**

Fridays 11:00 a.m. – 12 15p.m.  
September 25, October 2, 9, 16, 23, 30, November 13  
Are you evolved? Do you ever wonder why you do the things you do? Is it genetics, evolution, environment? Do you want to stem your cells? Will you let nanobots repair you? Does your brain need a bailout? If you answered yes or no to any of these questions, this class is for you.

Presenter: Chris Zamenick has enjoyed teaching science for 35 years.

**204. EXPRESSIVE COLLAGE**

Fridays 10:00 a.m. – 12 15p.m.  
Please note start time: if you register for this class you may not attend a 1<sup>st</sup> period class.  
September 25, October 2, 9, 16, 23, 30, November 13  
Class limit: 10

Participants will work with actual quilt designs to form beautifully patterned collage pieces. We will begin by learning to do a watercolor wash as background (no experience necessary), and using 2X2 squares of handmade papers, magazine clippings, cut-up watercolors, wrapping papers (the possibilities are endless!) and

glue, we will create outstanding collage art.

Presenter: Barbara Tepper Levy (LLI) began her art training in fashion and costume design. She also creates drawings and portraits in graphite or watercolor. Her work has been shown at several venues in Michigan where she lived before moving to New York.

**205. FRENCH TOAST**

Fridays 11:00 a.m. – 12 15p.m.  
September 25, October 2, 9, 16, 23, 30, November 13  
Let's raise our glasses to 19th Century painting in France, the inspiration of our 20th and 21st Century art. Lecture, slides and discussion – if you don't have an opinion about David, Delacroix or Daumier when we begin, you will when we conclude!

Presenter: William Levitt (LLI) holds a BFA and MFA in Painting and a PhD in Art History. He has taught widely and has exhibited his own work in Atlanta, Chicago, Detroit and NYC.

**301. ART IS FOR EVERYONE!**

Fridays 1:15p.m. – 2 30p.m.  
September 25, October 2, 9, 16, 23, 30, November 13  
Class limit: 16

In this class we will work with varied drawing media and approaches to the creation of art. Activities may include music interpretation, Pictionary, texture rubbing, cooperative drawings and blind contour drawing. Most importantly I hope to awaken your creativity and give your imagination a chance to emerge.

Presenter: David E. Levine is a painter, print-maker, muralist and educator who has exhibited at the NY Museum of Biblical Art, Albany University Art Museum, Albany Museum of History and Art, Springfield (MO) Art Museum, Anchorage Museum for History and Art and Boston Institute of Contemporary Art. He has created and painted murals up to 50' in length.

**302. BACH AND HIS WORLD**

Fridays 1:15p.m. – 2 30p.m.  
September 25, October 2, 9, 16, 23, 30, November 13

In this class, we will look at Johann Sebastian Bach in the context of his time, while also showing how the study of his art is paramount to the study of Western civilization itself. Topics will include Bach's education, positions, patrons and women, the influence of religious currents and the importance of dance – all illustrated with visual as well as musical examples.

Presenter: Raymond Erickson, Professor Emeritus of Music at Queens College and CUNY

Graduate Center, is the editor of the multidisciplinary volume, *The Worlds of Johann Sebastian Bach*. A harpsichordist, pianist and music historian, he has recently been giving master classes in Bach interpretation throughout the US and Europe.

**303. INVESTIGATING ECONOMICS – PART II**

Fridays 1:15p.m. – 2 30p.m.  
September 25, October 2, 9, 16, 23, 30, November 13  
We will continue our investigation of economics as a science, national/global economics in practice, problems that have arisen and approaches to solutions. The course will be tuned to the economics issues of greatest concern in the summer and fall of 2009.

Presenter: Oliver (Ollie) W. Johnson has been an executive, consultant and trainer/coach of business facilitators for more than 20 years. He began his inquiry into the actions that affect economic successes while on assignment in Europe in the 1970s.

**304. READING EMERSON**

Fridays 1:15P.M. – 2 30P.M.  
September 25, October 2, 9, 16, 23, 30, November 13  
Class limit: 15

Our emphasis will be on reading Ralph Waldo Emerson as opposed to reading about him. Students' reactions to the readings will form the core of the course, with the presenter's thoughts only made plain from time to time. Students will be encouraged, though not required, to develop their understanding in writing. Priority given to those not able to take the Spring 2009 course. Each student must have a copy of *The Spiritual Emerson* by David Robinson. Please read the introduction before the first class.

Presenter: David Rolfe, former IBMer, has had a lifelong interest in the nature and significance of the human experience. He looks forward to leading this discussion on Emerson, who begins the modern American conversation about the nature of nature with wonderful style and wit.

**305. WRITING THE DRAMATIC MONOLOGUE**

Fridays 1:15p.m. – 2 30p.m.  
September 25, October 2, 9, 16, 23, 30, November 13  
Class limit: 12

This class is for anyone who has ever written or wanted to write a theatrical monologue. We will consider the various elements of the form (what exactly is "dramatic"?), write monologues, read them to each other, discuss their merits and engage in mini-performances.

It's an opportunity both to write and to act.

Presenter: Victoria Sullivan was a college professor of literature and creative writing for several decades. She has had Equity productions of her plays in Manhattan, is the editor of *Plays by and about Women*, writes theatre reviews for [www.culturecatch.com](http://www.culturecatch.com) and has had several chapbooks of her poetry published.

#### 401. CONTEMPORARY POETRY

Fridays: 2:45p.m. – 4:00p.m.

September 25, October 2, 9, 16, 23, 30, November 13

How do we keep up with the arts of music, painting, literature and film is terrific. But poetry? Too hard, too weird, too...? Not so. Poetry today is the story of our lives – wild, wonderful, accessible. Focusing on contemporary work, these classes are designed for those who have yet to discover poetry's riches.

Presenter: Lee Gould (LLI) taught English/Writing at Goucher College in Baltimore before retiring to the Hudson Valley. Her poems have appeared in the *Berkshire Review*, *Chronogram*, *Gay and Lesbian Review*, *Passager*, *Phoebe*, *Quarterly West*, *Women & the Environment* and other journals. She also reviews poetry for *Chronogram*.

#### 402. COSMOLOGY I: STELLAR EVOLUTION

Fridays: 2:45p.m. – 4:00p.m.

September 25, October 2, 9, 16, 23, 30, November 13

The first in a 3-part series, Stellar Evolution will explore the birth, life and death of stars. Topics will include star formation, sources of stellar energy, the Hertzsprung-Russell diagram, supernova events, red giants, white dwarfs, neutron stars and black holes.

Presenter: Helen Hayes is a member of the Computer Science faculty at Marist College. She has graduate degrees in both Physics and Computer Science and taught college physics for many years. During that period, she developed and taught a Cosmology course which included a section on stellar evolution.

#### 403. GO GREEN: LIVING A HEALTHY AND SUSTAINABLE LIFESTYLE

Fridays: 2:45p.m. – 4:00p.m.

6 sessions: September 25, October 2, 9, 16, 23, 30

This course will explore how we can slow down the use of our non-renewable resources and make more positive choices. The topics will range from the impact of animal agriculture on greenhouse gas emissions to preparing healthier food. There will be interactive discussion, DVDs

to view and many handouts. We will also offer healthy, tasty food (with recipes) to try.

Sept. 25: Nutrition and Health with Judi Gelardi, President and Membership Chairperson of the Mid-Hudson Vegetarian Society, and Roberta Schiff, who has a master's degree in Community Health Education and is Events Chairperson of the Mid-Hudson Vegetarian Society.

Oct. 2: Live Younger Longer with Joy Gross (LLI), who founded the Pawling Health Manor in Hyde Park and has written several books, including *Thin Again*, *Improved Fitness in 30 Days* and *The Vegetarian Child*.

Oct. 9: Ethical Eating with Constance Young, a published author and freelance writer who specializes in health, medicine, animals and the environment. Her articles appear locally in *About Town*.

Oct. 16: The Top Ten Chemicals to Keep Out of Your Life with Annie B. Bond, an author and Green Living expert. Her first book, *Clean and Green*, was a best seller. She is executive producer of Green Living at the online network [www.care2.com](http://www.care2.com).

Oct. 23: Health of the Planet with Judi Gelardi and Roberta Schiff.

Oct. 30: Review of course highlights and discussion of changes we can make in our lives based on what we have learned. An optional dinner outing will follow.

#### 404. HYPNOSIS AND SELF- HYPNOSIS: FOR BEGINNERS & REPEATERS

Fridays: 2:45p.m. – 4:00p.m.

4 sessions: September 25, October 2, 9, 16

Following an overview of how hypnosis works, participants will learn a personalized 10-second method of self-hypnosis that may be used anywhere or anytime. There will be deeply relaxing guided hypnotic journeys in all classes and specific suggestions stemming from participants' requests, including tools for insomnia, weight loss, fears, pain, worrying and blood pressure.

Presenter: Frayda Kafka, certified hypnotherapist, has been helping clients through hypnosis for over 30 years. She has discovered that any behavior can be mediated with hypnosis.

#### 405. MEMOIR WRITING

Fridays: 2:45p.m. – 4:00p.m.

September 25, October 2, 9, 16, 23, 30, November 13

Class limit: 15

This course will examine the several ingredients that go into writing a compelling memoir – dialogue, setting, anecdotes, voice and humor.

The emphasis will be on showing rather than telling. Students will work on their own memoirs. There will be constructive feedback from students and lecturer.

Presenter: Beverly LeBoV Sloane, a Vassar graduate and author, has taught and lectured at several colleges as well as LLI.

#### 406. WINTER GARDENING FOR SPRING PLANTING

Fridays: 2:45p.m. – 4:00p.m.

3 sessions: October 23, 30, November 13

Learn important steps to take this autumn and winter to prepare for the spring gardening season. Come to class with a project in mind and learn basic techniques for designing and planning a garden bed. You will become familiar with measurement, scale and what to look for in site analysis, and will acquire tips for preparing your garden soil and selecting plants.

Presenter: Michele K. Decker is a landscape gardener with a certificate in Landscape Design. She has owned and operated a gardening business in Northern Dutchess and Southern Columbia Counties since 1988. She has an Associate Degree in Environmental Conservation and has worked for IES, Millbrook, and Wonderland Florist, Rhinebeck.

#### OFF-FRIDAY COURSES

#### 501. NATURE AND HISTORIC TREKKING IN THE HUDSON VALLEY

Tuesdays: Approximately 10:00 a.m. – Noon (Except Nov. 10)

6 sessions: September 22, October 6, 13, 20, 27, November 10

Class limit: 20

Here in the Hudson Valley we are lucky to have access to natural open spaces. We can thank the people who donated properties and the organizations that provided money to purchase estates, farms and undeveloped lands. Every site has its own story. We will hike these properties, led by a naturalist or historian from each particular site.

Sept. 22: Norrie Point – A Look Back – Traces of History along the River

Oct. 6: Black Creek Preserve – Herring, Suspension Bridge and Vernal Ponds

Oct. 13: Tivoli Bays – From Bard It's All Downhill to South Bay

Oct. 20: Poughkeepsie RR Bridge – The Bridge to Somewhere

*Course Listings, continued*

Oct. 27: Farm Road (Hyde Park) – Eleanor and Franklin, Together Again

Nov. 10: Mohonk Preserve – The Geology of the Shawangunks (9am-1pm, 5 at miles)

Please note that each trek will be from 2-3 miles (except Nov. 10) on hiking trails or unpaved roads. There will be some ups and downs. Sturdy shoes or boots are recommended.

Coordinator: Jay Hochstadt (LLI) has led many hikes, walks and treks over the years. He is a former Outings Chair for the Sierra Club's Atlantic Chapter (NYS).

**502. TIBETAN BUDDHISM: AN INTRODUCTION**

Tuesdays: 1:15p.m. – 2:45p.m.

6 sessions: October 6, 13, 20, 27, November 3, 10

This course is free and open to all LLI and Bard. It does not count toward your priority registration selections, but, if you plan to attend, please check the "Free Choice" box on the registration page.

This course will explore the teachings of Buddhism as expressed through the Tibetan tradition. We will review Buddhist fundamentals before turning to the history of Buddhism in Tibet. We will then focus on major personalities – historical, mythic and contemporary – as well as the distinctive qualities of the Tibetan Vajrayana path.

Presenter: Heinz Insu Fenkl is an internationally renowned author, editor, translator and folklorist. His first book, *Memories of My Ghost Brother*, depicts his early years growing up in Korea as a biracial child in the 1960s. He teaches Great Books of Asia, Buddhist Literature and Folklore & Mythology at SUNY New Paltz.

Presenter: Tulku Sherab Dorje is the Director of Blazing Wisdom Institute in Delancey. He is renowned as an interpreter and translator of Tibetan Buddhist teachings, and for his quiet, humorous and insightful manner. His most recent work is the autobiographical *Path Strewn with Flowers and Bones*.

**601. PHOTOGRAPHY: GETTING THE MOST OUT OF YOUR ADVENTURE**

Wednesdays: 10:00 a.m. – Noon

6 sessions: September 23, 30, October 7, 14, 21, 28

This is a basic photographic course with emphasis on composition, lighting and storytelling.

The first class will be an introduction showing pictures taken by the instructor; the last class will feature a slide show of the students' work. The other four classes will be at various outdoor sites in the Mid-Hudson Valley.

A simple digital camera (including throw-aways) is all that is needed. The student is expected to know how to operate the camera and will be responsible for processing and printing costs. The sites visited will be accessible to those with physical limitations, including walkers and canes.

Presenter: Dick Franklin (LLI) taught this course to fellow employees at Kodak for the purpose of helping them enjoy their vacations. He has won several photographic awards.

**602. WOMEN ALONE MOVIE SERIES**

Wednesdays: 3:00 p.m. – 5:30 p.m.

3 sessions: October 21, 28, November 4

Life throws you curves. Yet each of us finds, if sometimes in a very circuitous manner, ways to navigate the path. Men are very much a part

of this journey – LLI male members should not be put off by the title and are encouraged to join. Discussions will follow these provocative, sad and sometimes laughable movies, perhaps extending on to dinner at local restaurants.

Presenter: Carol Lee (LLI) is a writer and publicist who has always been fascinated with how women evolve and cope.

**701. AROUND BARD**

Thursdays: Times vary

6 sessions: October 1, 8, 15, 22, 29, November 12  
 Class limit: 19

Oct. 1/ 10:30am-Noon: The Bard Grounds with Amy Foster, Director of Horticulture, Landscape and Arboretum.

This will include a brief history and tour of Blithewood Gardens.

Oct. 8/ 10:30am-Noon: The Sosno Center and Fisher Center with Elena Batt, Box Office Manager.

Oct. 15/ 10:30am-Noon: Trustee Leader Scholar Program at Bertelsmann Campus Center with Paul Marienthal, Program Director and Student Trustee Leader Scholar.

Oct. 22/ 10:30am-Noon: Fisher Studio Arts Building with Arthur Gibbons, S. William Senfeld Artist in Residence and Director of Milton Avery Graduate School of the Arts.

Oct. 29/ 1pm-2:30pm: Center for Curatorial Studies with Tom Eccles, Executive Director.

Nov. 12/ 11am-Noon: Center for Science and Computation with Mark D. Halsey, Associate Dean of the College and Associate Professor of Mathematics.

Coordinator: Rosalie Rossi (LLI).

**Dear LLI Members,**

Based on the positive feedback that we have continued to receive, we are making the registration form and procedures we introduced last year our standard registration measures. However, there are several things that will help this process along: **(1) CLASS CHOICES:** There is a sincere attempt to satisfy everyone's wishes for class choices. It is not always possible to get your first choice. People who actively work on committees and actively support the running of the organization are called "active member volunteers" and are given priority placement in classes. After they are placed in the classes of their choice, everyone else will be given first or second choices if room is available. **(2) FILL OUT THE FORM COMPLETELY:** Filling out the form as requested maximizes the chance that you get what you requested. **Blanks will be taken as blanks.** We are sorry, but we cannot make phone calls to find out what you meant or wanted if there are blanks. Please fill out all sections of the form. **(3) CLASS SIZE:** The presenters as well as the capacity of the available rooms determine each class size. Out of respect for the presenters, we honor the limit they request. *Under no circumstances may any member call the presenters/instructors at home. They do not have the ability to make any changes.* **(4) QUESTIONS:** Any questions should be directed to lli@bard.edu or the LLI phone line (845) 758-7314. From there, your question will be forwarded to the appropriate person or will be answered on the spot. **(5) LATE REGISTRATION:** Late registration will take place in person only on September 25, 8:45-9:15 a.m. and 12:30-1:00 p.m., and on October 1, 8:45- 9:15 a.m., outside the Hospitality Room. **(6) FEEDBACK:** If you have any feedback or suggestions, please feel free to email lli@bard.edu or come to a council meeting and discuss the issue. Council meetings are the third Monday of the month in Bertelsmann Campus Center, second floor meeting room, at 10:00 a.m. **(7) GRATITUDE:** All the jobs and tasks, no matter how complicated and rigorous, are done free of charge out of willingness and passion. The course coordinators, the instructors, all committee members, phone people, email people, council members and class managers have worked hard to bring us to this moment of registration. We ask that these people be treated with respect for their hard work and talent.

— THE COUNCIL MEMBERS OF LLI

**Friday Class Dates:** September 25, October 2, 9, 16, 23, 30, November 13, except as noted

| COURSE # |  | First Period 9:30 a.m. – 10:45 a.m.                    |
|----------|--|--|
| 101      | Art Of Communicating   |  |
| 102      | Creative Dance   |  |
| 103      | Hot-Button Legal Issues  |  |
| 104      | James Joyce And His Works  |  |
| 105      | My Body! What To Do With It As It Ages                               | 6 sessions – Sept. 25, Oct. 2, 9, 23, 30, Nov. 13      |
|          |  | Second Period 11:00 a.m. – 12:15 p.m., except as noted |
| 201      | The Artist Inside The Computer Animator                              |  |
| 202      | Beyond Tiananmen   |  |
| 203      | Biology '09: Are You Ready?  |  |
| 204      | Expressive Collage (10:00 a.m. – 12:15 p.m.)                         |  |
| 205      | French Toast   |  |
|          |  | Third Period 1:15 p.m. – 2:30 p.m.                     |
| 301      | Art Is For Everyone  |  |
| 302      | Bach And His World   |  |
| 303      | Investigating Economics – Part II                                    |  |
| 304      | Reading Emerson  |  |
| 305      | Writing The Dramatic Monologue                                       |  |
|          |  | Fourth Period 2:45 p.m. – 4:00 p.m.                    |
| 401      | Contemporary Poetry  |  |
| 402      | Cosmology I: Stellar Evolution                                       |  |
| 403      | Go Green   | 6 sessions – Sept. 25, Oct. 2, 9, 16, 23, 30           |
| 404      | Hypnosis And Self-Hypnosis   | 4 sessions - Sept. 25, Oct. 2, 9, 16                   |
| 405      | Memoir Writing   |  |
| 406      | Winter Gardening For Spring Planting                                 | 3 sessions - Oct. 23, 30, Nov. 13                      |
|          |  | Off-Friday   |
| 501      | Nature And Historic Trekking<br>Tuesdays: 10.00 a.m. – Noon          | 6 sessions – Sept. 22, Oct. 6, 13, 20, 27, Nov. 10     |
| 502      | Tibetan Buddhism: An Introduction<br>Tuesdays: 1:15 p.m. – 2:45 p.m. | 6 sessions – Oct. 6, 13, 20, 27, Nov. 3, 10            |
| 601      | Photography<br>Wednesdays: 10.00 a.m – Noon                          | 6 sessions – Sept. 23, 30, Oct. 7, 14, 21, 28          |
| 602      | Women Alone Movie Series<br>Wednesdays: 3:00 p.m. – 5:30 p.m         | 3 sessions – Oct. 21, 28, Nov. 4                       |
| 701      | Around Bard<br>Thursdays: times vary                                 | 6 sessions – Oct. 1, 8, 15, 22, 29, Nov. 10            |

**Course Registration/Membership Form**

**Annual Membership is \$125 per person. Please enclose a check for your membership fee made payable to Bard College/LLI**

Mail to:  
LLI Registrar  
PO Box 596  
Woodstock, NY 12498

All Registration Forms must be postmarked by August 14, 2009.

Late Registration will take place in person only on September 25 from 8:45 to 9:15 a.m. and from 12:30 to 1 p.m. and also on October 1 from 8:45 to 9:15 a.m. outside the Hospitality Room

Registration must be POSTMARKED BY AUGUST 14, 2009.  
Mail this form with your membership check to:  
LLI Registrar, P.O. Box 596, Woodstock, NY 12498.

PLEASE PRINT BELOW.

|                |              |            |
|----------------|--------------|------------|
| <b>NAME</b>    |              |            |
| <b>ADDRESS</b> |              |            |
| <b>CITY</b>    | <b>STATE</b> | <b>ZIP</b> |
| <b>PHONE</b>   | <b>EMAIL</b> |            |

Check if there is new information

**Registration deadline is August 14.** Late Registration will take place in person only on September 25 from 8:45– 9:15 a.m. and from 12:30–1 p.m. and October 1 from 8:45 a.m.– 9:15 a.m. outside the Hospitality Room.

I would like to take a total of  Friday courses and  Off-Friday courses.

On the lines below, write in the number of the two courses you most want. We will do everything possible to give you your preferred classes. **First preference is given to active member volunteers.\***

1. \_\_\_\_\_ 2. \_\_\_\_\_

Below, write in the **numbers** of your 2 choices for each period. If you have no interest in a class for that period leave it blank. If you have one choice only, be aware it might not be available and you might not have a class that period. **First preference is given to active member volunteers.\***

|                      |             | 1 <sup>st</sup> Choice | 2 <sup>nd</sup> Choice   |
|----------------------|-------------|------------------------|--------------------------|
| Friday First Period  | 9:30-10:45  |                        |                          |
| Friday Second Period | 11:00-12:15 |                        |                          |
| Friday Third Period  | 1:15-2:30   |                        |                          |
| Friday Fourth Period | 2:45-4:00   |                        |                          |
| Off-Friday Courses   |             |                        |                          |
| Free Choice          |             | Tibetan Buddhism       | Check if you will attend |

\* An active member volunteer participates in the operation and maintenance of LLI on a regular basis.

## COMMITTEES

### CURRICULUM

Margaret Shuhala, *Chair*  
Joanne Mrstck  
*Assistant to the Chair*  
Barbara Post  
*Curriculum Administrator*  
Henry Young  
*Program Coordinator*

### COORDINATORS FOR FALL 2009

Dorothy Baran  
Al Beard  
Jane Diamond  
Toby Eisman  
Joanne Gelb  
Claire Luse  
Joanne Mrstck  
Caroline Paulson  
Rosalie Rossi  
Margaret Shuhala  
Martha Sullivan

### CURRICULUM COMMITTEE

Candy Couser  
Ellen Foreman  
Jay Hochstadt  
Barbara Kalleberg  
Dacie Kershaw  
Barbara Post

### SECRETARIES

Irene Esposito  
Martha Sullivan

### CORRESPONDING SECRETARY

Frauke Regan

### OFF-FRIDAY CURRICULUM

Jay Hochstadt, *Chair*  
Adelaide Fallon  
Dick Franklin  
Sheila Franklin  
Darcie Kershaw  
Rudy Kvenvik

### QUALITY

Ellen Foreman, *Chair*  
Lee Gould  
Joanne Mrstck  
Cathy Reinis  
Margaret Shuhala

### CATALOGUE

Dona McLaughlin, *Chair*

### PROOFREADING

Janeth oron  
Shelly Zelizer

### MAILING

Martha Nickels, *Chair*

### INTERSESSION

Esther Rosenfeld, *Chair*  
Bob Callahan

### NOMINATING

Shelly Zelizer, *Chair*  
Margaret Shuhala  
Janeth oron  
Henry Young

### BY-LAWS

Claire Luse, *Chair*  
Al Beard  
Jack Conklin  
Janeth oron

### VOLUNTEERS

Barbara Post, *Chair*  
Dorothy Baran, *Assistant Chair*

### TELEPHONE

Trudy Coons  
Hilary Gold  
Suzanne ing

### SPECIAL EVENTS

Jane Diamond, *Chair*  
Martha Nickels  
Janeth oron

### CLASS SUPPORT

Cathy Reinis, *Chair*  
Marvelene Beach  
Trudy Coons  
Rosealice D'Avanzo  
Sharon DeVries  
Renee Englander  
Tom Esposito  
Robert Filmore  
David Gelb  
Joanne Gelb  
Sara Hardman  
Toby Heilbrunn  
Barbara Herles  
Henry Kamenecka  
Lily Kamenecka  
Dacie Kershaw  
Rudy Kvenvik  
Gail Levy  
Mavis Levy  
Marion Macaluso  
Phyllis Marsteller  
Anne Meha ey  
Carol Meldrom  
Connie Mrowzinski  
Barbara Post  
Joan Quaderer  
Frauke Regan  
Fred Reinis  
Jane Sunshine  
John Wechsler  
Rick Wetzler  
Joan Zitz

### HOSPITALITY

Martha Nickels, *Chair*  
Joan Girardi  
Peter Girardi  
Janet Junge  
Rosalie Rossi  
Marilyn Skiba  
Janeth oron

### AUDIO-VISUAL

George Luse, *Chair*  
Bill Abramson  
Dorothy Baran  
Jack Conklin  
Rosealice D'Avanzo  
Dave Gelb  
Lily Kamenecka  
Joe Kavaky  
Marty Kutiko  
Alan Levy  
Ron Neufeld  
Lily Quaderer  
Rosalie Rossi  
Ed Sager  
Bob Ulrich  
John Vincent

### REGISTRATION

Shelly Zelizer, *Chair*  
Tom Esposito  
Henry Young  
Roz Young

### MEMBER SERVICES

Dorothy Baran, *Chair*  
Sharon DeVries  
David Gelb  
Gail Levy  
Rudy Kvenvik  
Ann Meha ey

### PHONE TREE

June Gosnell  
Doris Grano  
Mavis Levy  
Marilyn Skiba

### WEB PAGE MONITORING

Henry Young

### ART SHOW

Jay Hochstadt

## LLI COUNCIL MEMBERS 2008-2009

Anne Sunners, *President*  
Claire Luse, *Vice President*

Al Beard, *Secretary*

Tom Esposito, *Finance*

Margaret Shuhala, *Curriculum*  
Shelly Zelizer, *Registration*

Dorothy Baran  
*Membership Services*

Martha Nickels, *Hospitality*  
To be lled, *Publications*

Jane Diamond, *Special Events*

Barbara Post, *Volunteers*

Bob Callahan, *Member at Large*  
Cathy Reinis, *Member at Large*  
Esther Rosenfeld, *Member at Large*  
Janeth oron, *Member at Large*  
Henry Young, *Member at Large*

Al Beard  
*Immediate Past President*

Dean Emeritus Stuart Levine  
*Bard Liaison*



# Lifetime Learning Institute

Lifetime Learning Institute  
Annandale-on-Hudson, NY 12504-0022

Telephone: 845 758-7314  
email: lli@bard.edu

If you are a new member, this form needs to be returned with your registration. Registration is not complete unless you return this form.

LLI depends on its members for the success of our program and its many facets. Please help ensure that this organization remains vibrant and meaningful in the years ahead by donating your time.

**WHY DONATE YOUR TIME?  
WHAT ARE THE BENEFITS FOR YOU?**

- n** Gain satisfaction from knowing you are part of creating this organization.
- n** Experience pleasure from the camaraderie and sense of community.
- n** Enjoy watching your energy and mood improve from interacting with others.
- n** Get to know people at their best and work with competent people.
- n** Learn new skills.
- n** Delight in using your own well-honed skills.
- n** Begin new friendships that arise from having worked in tandem with others to create something of substance.

**NAME**

**EMAIL**

Help us help you find your place by filling out the 2-page questionnaire. Identify and explain from the list below, the skills and experience you possess.

- 1. EDITORIAL**
- Publication production
  - Editorial experience
  - Writing
  - Editing

**EXPLAIN**

**2. DESIGNING AND PRESENTING COURSES**

**EXPLAIN**

Thank you for taking the time to share this information with us. If you have any questions please email: [lli@bard.edu](mailto:lli@bard.edu) or call 845 758 7314.

Please return with your registration form to:  
LLI Registrar  
PO Box 596  
Woodstock, NY 12498

**3. COMPUTER SKILLS AND EXPERIENCE**

- Photoshop
- Document design in Word, Quark or InDesign
- Excel
- Access

**EXPLAIN**

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**4. ORGANIZATIONAL DEVELOPMENT**

- Experience in leading committees
- Experience in leading groups
- Experience in leading not-for-profit organizations
- Experience in leading business organizations

**EXPLAIN**

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**5. ADMINISTRATIVE SKILLS**

**EXPLAIN**

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**6. EVENTS PLANNING**

**EXPLAIN**

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