

A Global Dialogue in Courage with Drs. Joe Loizzo and Roger Berkowitz.

About the Instructors:

Joe Loizzo BIO: M.D., Ph.D. is a contemplative psychotherapist, clinical researcher, and Buddhist scholar-teacher who integrates ancient contemplative science and technology with current breakthroughs in neuroscience and optimal health. After training in psychiatry at Harvard and completing a Ph.D. in Buddhist Studies at Columbia, he founded Nalanda Institute for Contemplative Science, a non-profit that teaches the neuroscience and contemplative skills we need to cultivate sustainable happiness, compassion, and leadership today. On faculty at the Weill Cornell Center for Integrative Medicine and the Columbia University Center for Buddhist Studies, Dr. Loizzo lectures widely on the role of meditative learning in the future of health, education, and leadership, and teaches regular public classes and workshops at his Nalanda Institute, and Tibet House US. In 2007, he published *Nagarjuna's Reason Sixty with Chandrakirti's Commentary*, a translation study of contemplative self-analysis in Buddhism. His second book, *Sustainable Happiness: The Mind Science of Well-Being, Altruism, and Inspiration*, appeared in the Routledge Behavioral Science Series in 2012. He has published dozens of chapters and articles on contemplative science in peer reviewed books and journals including *The Journal of Religion*, the *Annual Review of Psychiatry*, and the *Annals of the New York Academy of Sciences*. Dr. Loizzo has a private psychotherapy practice in Manhattan, where he lives with his wife, Gerardine, and their sons Maitreya and Ananda.

Roger Berkowitz Associate Professor of Political Studies and Human Rights; Academic Director, Hannah Arendt Center for Politics and the Humanities, Bard College. Academic Program Affiliation(s): Human Rights, Philosophy, Political Studies. B.A., Amherst College; J.D., Boalt Hall School of Law, University of California, Berkeley; Ph.D., UC Berkeley. Author, *The Gift of Science: Leibniz and the Modern Legal Tradition*, an account of how the rise of science has led to the divorce of law and justice (Harvard, 2005). Editor, *Revenge and Justice*, a special issue of *Law, Culture, and the Humanities* (2005); contributing editor, *Rechtsgeschichte*. Articles in *Yale Journal of Law and Humanities*, *Journal of Politics*, *Cardozo Law Review*, *New Nietzsche Studies*, *Rechtshistorisches Journal*, others. At Bard since 2005.