

Trans Resource Guide

BARD COLLEGE 2022-2023

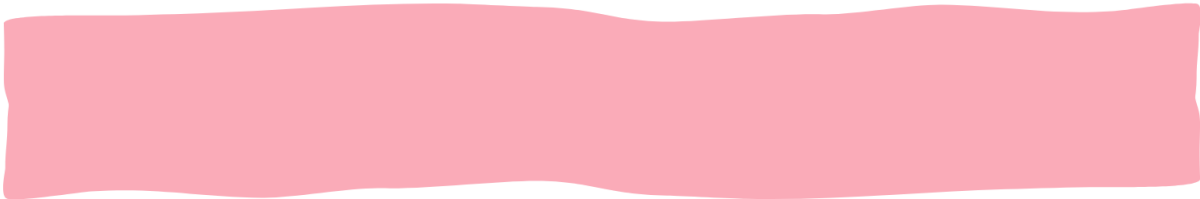


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Purpose of This Guide

This Guide is made specifically for trans-spectrum and nonbinary prospective, undergraduate and graduate students at Bard College, and it can also inform allies and all members of the Bard community. The goal is to provide accurate and concise knowledge of how to manage life as a trans spectrum student at Bard. If you are unsure what it means to be transgender, on the trans spectrum, or confused about certain terminology, feel free to search independently or browse the following resources for general information.

For the purposes of this Guide, the term “trans” is used as an umbrella term for people whose gender identity and/or expression differs from the sex assigned to them at birth. This includes, but is not limited to, individuals who identify as transgender, non-binary, genderqueer, gender nonconforming, LGBTQ+, gender fluid, and questioning.

Bard College is committed to providing a safe and inclusive campus for trans students, faculty, staff, and visitors. The Bard College Trans Resource Guide provides information about resources available at the College, as well as in our community.

This Guide includes information regarding housing, name changes, location of gender-inclusive restrooms, and individuals on campus who can provide assistance with day-to-day college life. The goal of this Guide is to improve inclusiveness and accessibility for trans students, faculty, staff, and visitors to Bard College. This Guide will be updated as policies, practices, and facilities change.

- [Trans Terminology](#) (Foster ED)
- [Frequently Asked Questions About Transgender People](#) (NCTE)
- [Supporting the Trans People in Your Life: A Guide to Being a Good Ally](#) (NCTE)
- [Tips for Allies of Transgender People](#) (GLAAD)

This guide was originally created by Beckett Lansbury ‘16, ‘19, and has since been expanded upon by Sarina Schwartz ‘23 and Ellen Herlihy ‘25, student employees of the Office of Title IX and Nondiscrimination. If you have any recommendations or suggestions as to what information to include in this Guide, please email nondiscrimination@bard.edu.

Administration and Policy

Notice of Nondiscrimination

Bard College is committed to ensuring equal access to its educational programs and equal employment without regard to an individual's sex, gender, race, color, national origin, religion, age, disability, gender identity, sexual orientation, predisposing genetic characteristics, marital status, veteran status, domestic violence victim status, ex-offender status, or any characteristics protected by federal, state, or local law. Students, employees, applicants, and other members of the Bard College community (including but not limited to, vendors, visitors, and guests) shall not be subject to discrimination or harassment prohibited by law or otherwise treated adversely based upon a protected characteristic. Similarly, the College will not tolerate harassing, violent, intimidating, or discriminatory conduct by its students, employees, or any other member of, or visitor to, the College community. This includes, without limitation, sexual harassment, sexual assault, sexual violence, dating violence, and domestic violence.

Gender Based Misconduct Policy

The information provided here is an overview. For additional information, please see Bard's full Gender-Based Misconduct Policy, which can be found online [here](#).

Bard College is committed to providing learning and working environments in which all individuals are safe and free to develop intellectually, professionally, and socially. To that end, the College prohibits the following gender-based misconduct:

- Gender-Based Discrimination
- Sexual Harassment
- Gender-Based Harassment
- Intimate Partner Violence (inclusive of dating violence and domestic violence)
- Retaliation
- Stalking
- Sexual Assault
- Sexual Exploitation

This Policy prohibits gender-based discrimination and gender-based harassment and provides protections to transgender, non-binary, and gender non-conforming individuals. It prohibits discrimination/harassment based on gender identity and harassment based on gender identity, gender expression, and gender stereotyping.

The College provides services and support for individuals who have been impacted by gender-based misconduct, as well as accessible, prompt, thorough, and impartial methods of investigation and resolution of incidents of gender-based misconduct. The College will respond to all alleged incidents of gender-based misconduct involving students, faculty, staff, or any other member of the Bard community, reported to have occurred:

- On campus;
- Off campus involving members of the Bard community;
- Through social media or in other online interactions involving members of the Bard community; and
- During official Bard programs, regardless of location.

Following a report of gender-based misconduct, the Title IX Coordinator can assist with providing supportive measures and accommodations, such as changes in campus housing, changes to academic or work schedules, academic support and assistance, access to counseling and support services, work accommodations, no-contact orders, as well as other services and supports.

Policy Against Discrimination and Harassment

The information provided here is an overview. For additional information, please see Bard's full Policy Against Discrimination and Harassment, which can be found online [here](#).

Bard College is committed to providing a learning and working environment free from discrimination and harassment. The College is an equal opportunity employer committed to treating all individuals equitably, with respect and dignity. The College prohibits harassment and discrimination in admission, employment, and administration of its programs and activities, on the basis of sex, gender, race (including traits historically associated with race), color, national origin or citizenship, religion, age, disability (including pregnancy-related conditions), gender identity or expression, transgender status, sexual orientation, predisposing genetic characteristics or carrier status, marital or familial status, veteran status, military status, domestic violence victim status, known association or relationship with someone in a protected classification, or any other characteristic protected by federal, state, or local law.

The College will not tolerate any kind of unlawful discrimination or harassment against students, faculty, staff, applicants for employment or admission, visitors, or any other individual providing services to the College. The College is committed to handling complaints of discrimination and harassment in a prompt, equitable, and transparent manner. Violations of this Policy are considered misconduct. Retaliation for reporting or opposing discrimination or harassment, and

for participating in or otherwise cooperating with an investigation into alleged violations of this Policy is prohibited.

This Policy applies to the entire College community and visitors for conduct that:

- Occurs on College premises;
- Occurs in the course of any College-sponsored program or activity, regardless of location (e.g., Bard-sponsored study abroad, research, or internship programs). “Program or activity” also includes computer and internet networks, digital platforms, and computer hardware or software owned, operated by, or used in the operations of the College; or
- Occurs off campus but has continuing adverse effects and/or causes substantial disruption on College premises or in any Bard program or activity.

Individuals reporting a possible violation of this Policy should report as described below while keeping in mind that each individual is free to make a report to any of the offices listed.

Students can report to: (i) the Dean of Student Affairs Office; (ii) the Office of the Dean of Inclusive Excellence; (iii) the Office of the Dean of the College; (iv) the Civil Rights Coordinator; or (v) the Deputy Civil Rights Coordinator.

Faculty can report to: (i) the Office of the Dean of the College; (ii) the Human Resources Office; (iii) the Civil Rights Coordinator; and (iv) the Deputy Civil Rights Coordinator.

Staff can report to: (i) the Human Resources Office; (ii) the Office of the Dean of Inclusive Excellence; (iii) the Vice President for Administration; (iv) the Civil Rights Coordinator; and (v) the Deputy Civil Rights Coordinator.

Misconduct Reporting Line: In addition to the above resources, all individuals also have the option of contacting the Misconduct Reporting Line at 888-323-4198. This line is administered by an external entity on behalf of the College. Complaints involving potential conflicts of interest can be reported here and may be handled externally. Any alleged policy violations will be referred for investigation in accordance with the procedures set forth in this Policy.

Inquiries and Complaints

Inquiries regarding any form of discrimination or harassment may be directed to:

- Lauren Gretina, J.D. Title IX Coordinator, Sottery Hall 107, 845-758-7542, titleix@bard.edu
- Jacob Testa, J.D. Deputy Title IX Coordinator, Sottery Hall 107, titleix@bard.edu
- Kimberly Alexander, Director of Human Resources, Ludlow, 845-758-7516, kalexand@bard.edu
- Hannah Zipple, Dean of Students, Sottery Hall 105, 845-758-7292, hzipple@bard.edu
- Deirdre d'Albertis, Dean of the College, Ludlow 202, 845-758-7421, dalberti@bard.edu
- Claudette Aldebot, Dean of Inclusive Excellence, Kappa House, 845-758-7367, caldebot@bard.edu

Complaints regarding any form of discrimination or harassment may be directed to:

- Lauren Gretina, J.D. Title IX Coordinator, Sottery Hall, 107, 845-758-7542, titleix@bard.edu
- Kimberly Alexander, Director of Human Resources, Ludlow, 845-758-7516, kalexand@bard.edu

Outside of the College, inquiries or complaints regarding any form of discrimination or harassment may also be directed to:

- Department of Education Office for Civil Rights (New York Office) 646-428-3800, ocr.newyork@edu.gov

Reporting Assistance and Options

Confidential Resources

Confidential resources are not required by law or College policy to relay reports of gender-based misconduct to the Bard College Title IX Coordinator. Information provided to the resources listed below will not be disclosed without stated permission, except in extreme circumstances, such as a health or safety emergency.

Bard Campus

Counseling and Health Services	845-758-7433
Chaplaincy	845-758-7335
Employee Assistance Program	800-272-7255
BRAVE 24/7 (ask for BRAVE)	845-758-7777

Off-Campus Hotlines

Family Services Rape Crisis Center (Dutchess County)	845-452-7272
Family Services Domestic Violence (Dutchess County)	845-485-5550
LGBTQ Anti-Violence	212-714-1141
RAINN	800-656-4673

Reporting to Bard College (Private, Nonconfidential)

Any member of the community who wishes to file a report of gender-based misconduct can contact the Title IX Coordinator, who will provide information regarding the College's investigation, process, policies, resources, accommodations, institutional rights, reporting to law enforcement, and orders of protection through the court system. Information shared with the Title IX Coordinator will be relayed only as necessary to seek a resolution.

The Title IX Coordinator, Lauren Gretina, J.D., may be reached: by phone (845-758-7542), by email (titleix@bard.edu), or in person at Sottery Hall 107.

Reports may also be made to Human Resources by phone (845-758-7428) or email (hr@bard.edu).

Anonymous reports can be made via the Misconduct Reporting Line (888-323-4198), which is administered by an external entity hired by the College to receive reports on a nonconfidential basis.

Criminal Reporting

Individuals have the right to decide whether to file or decline to file a report with the New York State Police or the local law enforcement agency where the misconduct occurred. Individuals may participate in a criminal process, College process, both, or neither. The Title IX Coordinator and other campus authorities are available to assist individuals in reporting to law enforcement. To file a criminal report, individuals may contact the following, and/or any other appropriate law enforcement agency.

NYS Police	845-876-4194
Red Hook Police Department	845-758-0060
NYS Police Campus Sexual Assault Victims Unit	844-845-7269

Name Change Form

If your name is different from the name currently used in your legal documents, you have the option to input a Preferred First Name into the Bard system. To change your name within the College's system, you must fill out a google form accessible through the QR code or this [link](#).



What requesting a name change through the online form will do: Your Chosen/Preferred name will be listed on class and residence hall rosters and at the post office. If you choose the options below, it will also change on your Student ID and email.

What requesting a name change through the online form will not do: This process does not constitute a legal name change. A student's legal first name must appear on legal documents, including financial aid and employment records, bursar bills, transcripts, and other legal documents.

Registrar

The Registrar's Office accommodates both legal name changes and chosen name changes. If you have legally changed your name, please see Peter Gadsby in the Registrar's Office. To request a name change within the College's system (a "chosen name change"), please use the online form located in the Name Change Section of this Guide. Pronouns can be updated in the "Personal Information" tab in Bard Self Service (<https://bardssb.bard.edu>), which will then be added to class rosters. Name changes made through Bard SSB should sync over to Bard Brightspace within the same day and should be reflected in Bard Brightspace. If a student notices that their name change hasn't been carried over into Bard Brightspace, they should: First, log out of Bard Brightspace, close the browser tab, open a new tab, and then sign back into Bard Brightspace. If their updated name still isn't reflected in Bard Brightspace, please contact us (ats@bard.edu) or the helpdesk (helpdesk@bard.edu) to assist. Very rarely, the automated sync between the two systems might get delayed. If a student sets their pronouns in Bard SSB, they can then choose to make those pronouns visible within Bard Brightspace by enabling the option to "Allow others to see my pronouns." More information about how to do this can be found below.

Chosen names will be utilized wherever possible, however some official documents require utilization of an individual's legal name.

The Chosen Name will be used for:

- College ID card (if elected)
- Bard email address (if elected)

- Class Rosters and Residence Hall Rosters
- Post Office
- Bard College Public Directories (unless the student has asked that information be blocked)
- Communications (for example, if Bard sends mail to the student at the student's home address, it will be addressed to the chosen name unless otherwise instructed by the student)
- Diploma

Legal Name Change

While it is easy to change your name within Bard College, doing so is not a legal name change. This section will assist with guiding you towards a legal name change within New York State. Please note, the process for changing your name in New York City is different from changing your name in New York State. None of the following information serves as legal advice. If you have more questions, a complicated situation, or more nuanced questions, please seek personal legal advice. If you need legal services in the Hudson Valley, *Legal Services of the Hudson Valley* provides free counsel for low-income individuals and families who cannot afford an attorney. Check out their [website](#) for more information.

If you would like to register a legal change of name, please print and complete the Name Change Affidavit. Click on [this link](#) or scan the QR code for the form.



The completed form must be accompanied by photocopies of the following documentation:

- A government-issued document with the new name.
- Proof of use of the former name.
 - ACCEPTABLE DOCUMENTS, These documents can include:
 - Court order
 - Marriage certificate
 - Divorce certificate
 - Naturalization certificate
 - Passport
 - US Driver License
 - US State-Issued Identification Card
 - Bard College ID

The completed documents should be returned in person or by mail to the Registrar's office. Contact the Registrar's Office (registrar@bard.edu) with any questions that you may have.

By Mail:

Attn: Registrar's Office
Bard College, PO Box 5000,
Annandale-on-Hudson, NY 12504

In person:

Ludlow 201

To Change Your Name in New York State: You have to follow a specific procedure in a specific order. You must fill out forms and take these forms, in person, to the County Clerk's office where you live. Here you will have to pay a fee. Scan the QR code or click on [this link](#) to find more detailed steps on how to go about starting this process.



To Change Your Name in Other States: Adults and minors can seek name changes in every state, usually by filing forms with their local probate, family, or superior court. Scan the QR code or click on [this link](#) to learn how to go about this process in your home state.



International Student Name Changes

The same options for US citizen students extends to both international and exchange students. Even if your correct name is not reflected in your legal paperwork, you still have the option [to change your preferred name](#) through the registrar's office. However, the laws and processes for legal name change and gender marker change must be done through your home country. If you have any more questions or need support in finding resources to navigate this process, please visit the [International Student and Scholar Services Office](#) located in Kappa 107, call the office at 845-758-7200, or email the office at oisss@bard.edu.

Gender Marker Change

The laws of officially changing one's gender marker vary depending on your state of residence. The National Center for Transgender Equality has a step-by-step guide explaining the process of legally changing one's gender marker in each state. [Here](#) is a list of resources specifically for residents of New York and NYC. If you are a student from a different state, please visit [this page](#) and select your state of residence to continue. The Movement Advancement Project has [a map](#) with information about identity documents in different states and which states allow individuals to mark M, F, or X on their driver's license and other documents.

Notary Services Near Campus

Red Hook, NY Town Clerk

7340 South Broadway

Red Hook, New York 12571

845-758-4606 or 845-758-4607

<https://www.redhookny.gov/187/Town-Clerk>

Open Monday-Friday (9:00 AM - 4:00 PM)

No Fee/Bring Valid Photo I.D.

Mid-Hudson Valley Federal Credit Union

7472 South Broadway

Red Hook, NY 12571

845-336-4444

<https://www.mhvfcu.com/mid-hudson-valley-credit-union-locations/red-hook-branch>

Open Monday-Friday (9:00 AM - 5:00 PM) and Saturday (9:00 AM - 2:00 PM)

No Fee/No Membership Necessary/Must Have Government Issued ID

Ulster Savings Bank

7296 South Broadway

Red Hook, NY 12571

845-758-4020

<https://www.ulstersavings.com/locations/red-hook/>

Open Monday-Friday (8:00 AM - 5:00 PM) and Saturday (9:00 AM - 2:00 PM)

No Fee/No Membership Necessary

Ulster County Clerk

244 Fair Street

Kingston, NY 12401

845-340-3288

<https://clerk.ulstercountyny.gov/>

Open Monday-Friday (9:00 AM - 4:45 PM)

No Fee/Recording Counter

Residence Life and Housing

Bard students are offered housing options which are designed to be inclusive of all needs, including those of transgender, gender-nonconforming, and nonbinary students. Specific housing requests are reviewed on a case-by-case basis.

Gender Inclusive Housing

Bard's wide variety of on campus residential communities allow for students of any gender identity and/or sexual orientation the ability to live comfortably with other students of their choice or in a single occupancy room, if available. By default, students are housed according to their compatibility and gender identified on the form. Students can request otherwise in Section 5 of the housing form and can be housed regardless of gender identity. A first-year student may also indicate a requested roommate on their profile regardless of gender identity.

There is a drop-down menu for selecting a gender identity on the housing profile, allowing the student to self-identify and more ability to define who they are. Additionally, the student will be prompted to select or self-identify their pronouns.

All students returning to Bard after their first year participate in an annual room selection process and are able to select their roommate of choice. If a student and a group of friends want to form a suite, they can do so within the confines of the application process. There are four-person and five-person suites which offer single and double occupancy rooms within.

Residence Hall Restrooms

Many residence hall bathrooms are stand-alone and/or single use facilities allowing for one student to use at a time. This renders them gender inclusive by nature unless the residential community decides to gender the bathrooms by consensus.

Multiple-use restrooms (those including stalls, sinks, and showers) are also gender inclusive unless otherwise determined by the community each academic year. Gender inclusivity is the standard. Bard is actively working on inventorying the signs posted outside of bathrooms to ensure that they are compatible as an industry standard.

Please contact Residence Life directly at reslife@bard.edu if you have questions about specific residence halls.

Navigating Campus

Point People

Bard College has established point people in departments and offices across campus, both academic and otherwise, to serve as resources and points of contact to trans students. Point people are available to assist trans/non-binary students in navigating campus systems and connecting to resources. Please feel free to contact anyone listed below for assistance.

Academic Administration and Staff

Deirdre D'Albertis she/her/hers Dean of the College Ludlow 208 dalberti@bard.edu 845-758-7421	Hannah Zipple she/her/hers Dean of Students Sottery Hall 105 hzipple@bard.edu 845-758-7454
Dorothy Albertini she/her/hers Assistant Dean of Studies Sottery Hall 110 845-758-7436	Michael Sadowski he/him/his Associate Dean of the College and Co-Chair, Out@Bard Ludlow 208 msadowsk@bard.edu 845-758-7122
Sharif Rosen he/him/his Associate Dean of Students Sottery 106 srosen@bard.edu	Amber Billey she/her/hers Librarian Stevenson Library, Lower Level 005 abilley@bard.edu 845-758-7619

Health, Wellness, Chaplaincy

<p>Yakira Teitel, MD, MPH she/her/hers Director of Health Services Health & Counseling Center yteitel@bard.edu 845-758-7433</p>	<p>Emmet Phipps he/they Nurse Practitioner Health & Counseling Center ephipps@bard.edu 845-758-7433</p>
<p>Laura MacDonald, PsyD she/her/hers Counselor Health & Counseling Center lmacdona@bard.edu 845-758-7433</p>	<p>V Lawson, LMSW they/them/theirs Counselor Health & Counseling Center vlawson@bard.edu 845-758-7433</p>
<p>Mary Grace Williams she/her/hers Chaplain of the College, Episcopal Chaplain Ludlow Annex, Room 100 mwilliams@bard.edu</p>	<p>Joshua Boettiger he/him/his Jewish Chaplain, Rabbi jboettiger@bard.edu 802-733-6342</p>
<p>Annia Reyes she/her/hers Director of Health and Wellness Education Hegeman 006 areyes@bard.edu 845-752-2096</p>	

Diversity Equity, and Inclusion

<p>Claudette Aldebot she/her/hers Dean of Inclusive Excellence Kappa House caldebot@bard.edu 845-758-7367</p>	<p>Haron Atkinson he/him/his Program Coordinator for Inclusive Excellence and Co-Chair, Out@Bard Kappa House hatkinson@bard.edu</p>
<p>Lauren Gretina she/her/hers Title IX and Civil Rights Coordinator Sottery Hall 107 titleix@bard.edu 845-758-7542</p>	<p>Jacob Testa he/him/his Director of Clery Compliance Deputy Title IX and Civil Rights Coordinator jtesta@bard.edu</p>

Other Contacts

<p>David Lindholm he/him/his Director of Athletics & Recreation Stevenson Athletic Center dlindholm@bard.edu 845-802-4246</p>	<p>Kathy McManus she/her/hers Director of Operations and Campus Visits Hopson Cottage 1st Floor mcmamus@bard.edu 845-758-7472</p>
<p>Zoë Collins she/her/hers IT Technician collins@bard.edu 845-758-7856</p>	<p>Liann Ainsworth she/her/hers Associate Director of Human Resources Ludlow, Basement 105 lainsworth@bard.edu 845-758-7245</p>

Health Services

Bard Health Services offers episodic medical care to all Bard students. Bard's providers are trained specifically in working with the LGBTQ+ community and participate in continuing medical education on related topics. Bard Health Services is proud to offer gender-affirming care at our Student Health Clinic, including: visits to discuss initiating treatment, prescriptions for hormones and other adjunctive medications, injections and self-injection teaching, and monitoring labs as needed. All forms have been updated to reflect the diversity of sex, gender and sexual orientation present on the Bard campus. Bard Health Services respects chosen names and pronouns, which can be updated through the Student Portal. There are times legal names are required on written orders for lab tests, prescriptions, or referrals for insurance purposes; Bard Health Services does its best to warn students when this is necessary. To schedule an appointment for gender-affirming care or any other reason, please call 845-758-7433.

Counseling Services

The counseling staff understands that historically marginalized communities such as LGBTQ identifying folks, often experience higher levels of depression, anxiety, and suicidal ideation. Within our daily practice we work to create brave and life affirming spaces in order to promote healing and growth. Bard Counseling Services offer individual and group counseling and has three clinicians who specialize in working with the LGBTQ community: Laura MacDonald, PsyD; Larry Cercedes, PhD; and V Lawson, LMSW. Check the [Counseling Services website](#) for the most up-to-date open office hours, as well as groups that are currently being offered.

Off-Campus Mental Health Providers in the area who specialize in working with trans/GNC/NB students include:

Sarah Jamison, LMSW

The Chocolate Factory, 54
Elizabeth Street, Suite 11
Red Hook NY, 12571

<https://www.seasonspsychotherapyny.com>

845-532-0257

Elijah Nella, LMFT

37 North Front Street,
2nd Floor Kingston, NY 12401

www.elijahnella.com

hello@elijahnella.com

845-481-0036

Sarah Rosenthal, LCSW

The Chocolate Factory 54
Elizabeth Street, Suite 11
Red Hook NY, 12571

www.sarahrosenthaltherapy.com

sarah@sarahrosenthaltherapy.com

845-235-4102

Sean Endress, LCSW-R

Albany or New Paltz locations (see website
for details)

therapists.psychologytoday.com/rms/64396

646-600-9229

C.A.T.S

Community Appointment Transportation Service (CATS) provides Bard students with confidential and free transportation to scheduled off-campus health appointments. This service is provided through the Bard College Student Resource Group. To schedule a ride, fill out [this form](#) or scan the QR code.

Hours of Operation: M-F, 9 AM - 6 PM

Email: srgcats@bard.edu



Restrooms

Bard College is committed to providing a campus environment that supports and values all members of our community. One aspect of creating an inclusive environment is providing safe, accessible, and convenient restroom facilities. **Students, staff, faculty, and visitors can use the bathroom facility that corresponds to their gender identity and can also utilize facilities that are designated as gender-neutral.**

At the Stevenson Athletic Center, students, staff, faculty, and approved visitors are welcome to use the restroom and/or locker room consistent with their gender identity. A separate gender-neutral changing room and restroom, labeled the All Gender Locker Room, is also available for individual use.

Below is a list of administrative and academic buildings that are gender-neutral or single-stall bathrooms. Bathrooms are single-stall unless otherwise indicated.

1. Admission: 1st Floor
2. Bito: 1st floor, Backstage
3. Blum: 1st floor, 2nd Floor
4. Chapel: Basement
5. Campus Center: 1st 2nd Floors (Multi-stall)
6. Fisher Center Luma: Backstage
7. Fisher Center Sosnoff: Backstage
8. Gahagan: 1st Floor, 2nd Floor
9. Hannah Arendt Center: 1st Floor, 2nd Floor
10. Health Services: Main Floor
11. Kline: New Kline Hallway
12. Library: 1st Floor, 2nd Floor Computer Lab
13. Ludlow: Basement and 3rd Floor
14. Manor: Cafe (1st Floor), Basement
15. Henderson Annex: Main Floor
16. Henderson Computer Center: 1st Floor
17. Olin: 2nd Floor, 3rd Floor (Multi-stall)
18. RKC: 1st Floor (near Room 115)
19. Root Cellar: Main Floor
20. Sottery Hall: Main Floor
21. Woods Studio: 1st Floor

Athletics

Bard is committed to fairness and inclusion for all transgender student-athletes. While the College is required to follow all NCAA requirements for eligibility in competition (those guidelines can be found [here](#)), we also seek to provide any support needed for transgender students wishing to join teams and/or use Bard athletic facilities.

As mentioned, all students, staff, faculty and approved visitors to Stevenson Athletic Center are welcome to use the restroom and/or locker room consistent with their gender identity. A separate All Gender Locker Room (restroom and locker room) located along the lower-level hallway, is also available for individual use.

If you have questions regarding Bard or NCAA policy on transgender student-athlete participation, please speak to either of Bard's Athletic Directors: David Lindholm dlindholm@bard.edu or Stefanie Carrington scarrington@bard.edu

Bard Athletics and Recreation will not tolerate discrimination against transgender student-athletes by staff, student-athletes, families, fans, or anyone at Bard's athletic facilities.

Clubs

Bard College has over 100 student clubs, groups, and organizations on campus; there is a place for everyone to connect with others. These include:

QPOC (Queer People of Color): This club is a space created to center the lives and experiences of the queer and gender-nonconforming people of color both on Bard's campus and beyond. It's a place for conversation and action. It's a place that recognizes and affirms the lives of those whose lives are too often forgotten and erased. Though it was made intentionally to elevate the voices of QTPOC, allies and accomplices are welcome, but only with the understanding that your voices will not be centered and that you are there to learn and support.

Bard Sexual Deviants: An affinity leaning space for queer sex, trans health, polyamory, and BDSM.

SAFE@Bard: SAFE @ Bard is an entirely student lead organization whose goal is to create a no strings attached safe haven for those struggling with gender and discriminatory based violence and misconduct. Recovering and/or getting justice can often feel like walking a line of formalities. Our objective is to create a space for before, during, beyond, and despite these formalities to ensure emotional safety in the recovery process. We aim to provide support, education, and advocacy through hosting engaging educational events, creating a platform for student voices to be heard and supported, being a center for resource output, and bridging the gap between campus resources such as Title IX and DOSA.

Contact information for clubs: <https://www.bard.edu/campus/departments/studentactivities/clubs>

Off Campus Resources

Off-Campus Medical

Planned Parenthood (locations in Kingston, Poughkeepsie, and Hudson) is a global organization, trusted health care provider, informed educator, passionate advocate, and partner helping similar organizations around the world. Both the Kingston and Poughkeepsie Planned Parenthood locations offer gender-affirming hormone therapy, self-injection training and referrals to legal and medical services. Planned Parenthood operates on an informed consent basis, meaning a patient looking to begin Hormone Replacement Therapy does not need recommendation from a therapist. If an insurance plan does not cover informed consent HRT, payment would have to be made out of pocket. For information, call Mid-Hudson Planned Parenthood (Kingston and Poughkeepsie locations) at 845-204-4768 or Upper-Hudson Planned Parenthood (Hudson) at 518-828-4675

Find a Health Center and book an appointment:

<https://www.plannedparenthood.org/planned-parenthood-mid-hudson-valley/patient-resources>

Upper-Hudson Planned Parenthood patient resources:

<https://www.plannedparenthood.org/planned-parenthood-upper-hudson/patient-resources>

The Hudson Valley LGBTQ Center has a huge directory of LGBTQ+ affirming health service providers, offering services from acupuncture to oncology to holistic medicine. See the list of providers by clicking the link here: <https://lgbtqcenter.org/providers>.

Additional resources: The World Professional Organization for Trans Health, Inc. (WPATH) is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transgender and gender-nonconforming individuals internationally:

<http://www.wpath.org>.

Transbucket is a healthcare and surgery resource for the entire online trans community, utilized by individuals identifying as trans binary, genderqueer, agender, and everyone else who could benefit from exploring the real-life experiences collected here:

<https://www.facebook.com/transbucket>.

Additional Off-Campus Resources

National Center for Transgender Equality

To learn more about your rights, gain access to self-help guides, and learn about the process for legally change your name, you can visit the National Center for Transgender Equality website at <http://www.transequality.org/documents>.

Transgender Legal Defense and Education Fund

For pro bono legal name change services and additional support and education regarding transgender rights you can visit [the Transgender Legal Defense and Education Fund Name Change Project](#) or <http://www.transgenderlegal.org>.

Hotlines

The following are 24/7 hotlines for connecting you to supportive people to talk with at any time.

Trevor Project: Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13-24. **Contact Number: 866-488-7386**

Trans Lifeline: We are Trans Lifeline. We provide culturally competent services to Trans and gender nonconforming people in crisis; we work with stakeholders within and without the Trans community to end the plague of Trans suicide; we empower Trans people to help other Trans people in the darkest moments of their lives. **Contact Number: 877-565-8860**