

OFF-CAMPUS PROVIDER – Short List Therapists:

Red Hook

Laura Bresler, PhD

- (845) 514- 4626
- lebreslerphd@gmail.com

Glenn Marron, PhD

- 917-608-8482
- glennmarronphd@gmail.com

John Mondello, MS, LMHC

- (845) 237 - 3973
- johnmondello.com

Susan Pelosi, LCSW-R

- (646) 236-3077
- susanpelosi.com

Juliet Wolff, LCSW-R

- (845) 232 - 2329
- julietwolfftherapy.com

Alix Sugarman, MPS LCAT ATR-BC

- (845) 379 - 0331
- sugarmantherapy.com

Rhinebeck

Elijah Nella, LMFT

- (845) 481 - 0036
- elijahnella.com

John Nathan, LCSWR

- (917) 518 - 3849

Mark Sasvary, PhD, LCSW

- (845) 406-9605
- marksasvary.com

Jamie O'Neil, LCSW-R

- (845) 876 - 7600

Steven Siegel, PhD, LCSW, CASAC

- (845) 617 - 5130

Lisa Snyder, LMHC, CASAC

- (845) 206 - 0881
- lisasnydercounseling.com

Izlind Integrative Wellness Center & Institute

- izlind.com

Kingston

Maverick Psychotherapy Group

- (845) 679- 8650
- maverickpsychotherapygroup.com

Noelle Damon, LCSW-R

- (845) 331- 2552
- noelledamon.com

Heather Bergen, LCSW-R

- (845) 617- 4085

Sascha Goldhor, LMFT - Prima Materia Therapy

- (818) 722 - 9021
- saschagoldhor.therapy@pm.me

New Paltz

Sarah Ryan, MHC-LP

- (845) 460 - 1455

Other Locations/ Teletherapy

Meaghan Hughes-DeLuca, LMHC

- (845) 237-3066
- Poughkeepsie, NY 12601 (online only)

Psychiatrists and Psychiatric Nurse Practitioners:

Red Hook

Theresa Yonker, MD - Phone: 845-758-9694 - no insurance

Kingston

Patricia L. Gerbarg, MD

- breath-body-mind.com

Oren Kalus, MD

- (845)-339-7370

Rhinebeck

Julia Eilenberg, MD - no insurance

- (845) 876-7822
- juliaeilenberg.com

Ron Goldman, MD

- (845) 876-1177

Jonathan L. Kirsch, MD

- (845) 481-0627

Other Locations

Laurie Moran-Marsh, NP-P

- (845) 204-9578
- 1 Bushwick Road, Poughkeepsie, NY 12603

Northern Psychiatric Services (accepts most insurances)

- npspc.com
- 11 Marshall Road, Wappinger Falls, NY
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Riverview Psychiatric Medicine - accepts most insurances

- riverviewpsychiatric.com
- 370 Violet Avenue, Poughkeepsie, NY

Southern Dutchess Behavioral - accepts most insurance

- sdutchessbg.com
- 1285 Rt. 9, Suite 7B, Wappinger Falls, NY¹

¹ Updated on 10/07/2025