

New York City Mental Health Services

When you call the numbers listed below, you are likely to reach an answering service or a phone machine. Be prepared to leave a phone number and a time(s) when you can be reached. Be sure to inquire about the fee during your initial phone contact.

PSYCHIATRISTS & PSYCHIATRIC NURSE PRACTITIONERS

Ina Becker, MD, Ph.D

262 Central Park West #1A
New York, NY 10024
Phone: 917-441-0880

Eleanor Burlingham, M.D.

865 West End Avenue
New York, NY 10025
Phone: 212-396-3766 Fax: 212-280-3087

Specialty: Adolescent & Child Psychiatry

MENTAL HEALTH THERAPIST

American Institutet for Cognitive Therapy

136 East 57th St., Ste. 1101
New York, NY 10022
Phone: 212-308-2440 Fax: 212-308-3099 Email: intake@cognitivetherapynyc.com
Website: www.cognitivetherapynyc.com.

Deborah Barbieri PsyD

915 Broadway
New York, NY
Phone: 212-978-7908

Specialty: Stress related concerns

Lauren Canonico, LCSW

26 W 9th St., Ste 8A
New York, NY
Phone: 646-470-1162 Website: www.laurenconicolcsw.com

Specialty: Teens and their families, interpersonal psychotherapy

Ann Colantuoni, Ph.D

49 w. 86th St
New York, NY 10024
Phone: 212-678-1998

Jonathan J. Detrixhe, PhD

153 Roebling St., 4th Floor, Suite 1
Brooklyn, NY 11211
Phone: 718-809-1957 Email: info@johathandetrixhe.com Website: jonathandetrixhe.com

Todd Essig, PhD

59 West 12th Street, Suite 1E
New York, NY 10011
Phone: 212-633-2725

Heidi Frieze, LCSW

330 West 58th St., Suite 612
New York, NY 10019
Phone: 212-686-0717

Emily Fuchek, PsyD

Phone: 845-380-0023 Email: efuchek@msn.com

Anton Hart, PhD

235 West End Avenue, Suite 2-E
New York, NY 10023
Phone: 845-694-4447

Sliding scale. No Insurance Accepted.

Leslie Levine LCSW

300 Mercer Street, Apt. 22G
New York, NY 10003
Phone: 212-982-6009

Sandra Lugo, LCSW-R, MS, DCSW

412 6TH Ave., Ste 403
New York, NY
Phone: 718-809-7244 Website: www.sandralugo.com

National Institute for the Psychotherapies

250 W. 57th St., Ste 501
New York, NY 10107
Phone: 212-582-1566 Website: www.nipinst.org/nip

Low cost services, low cost psychological testing, sliding scale for uninsured, therapists specializing in trauma

Sarah Perl, LCSW-R

291 Broadway, Suite 1401, New York, NY 10007
26 Court Str., Suite 504, Brooklyn, NY 11242
Phone: 518-894-8512
Email: sarahperlcsw@gmail.com
Webstie: <http://www.sarahperlpsychotherapy.com/>

Specialties: Harm Reduction, Grief & Loss, Chronic Illness, Substance Use, Addiction, Relationships

Nicole Tierney Ph.D

928 Broadway, Suite 800
New York, NY 10010
Phone: 212-971-5866
Email: ntierney@me.com
Website: <http://www.nicoletierney.com/nicole-tierney.html>

Specialty: Eating Disorder Specialist

Sarah Stemp, PhD

98 Riverside Drive, #1C
New York, NY 10024
Phone: 212-799-5918

Bethany Tronsky, LCSW

26 West 9th St. Suite 8B
New York, NY, 10011
Phone Number: 917-318-7443 Fax Number: 212-927-5992